

# PROBUS CLUB OF HYDERABAD



**President: K.V.Krishnamurthy; Vice President; P.V.Subba Rao; Secretary: M. Rama Babu  
Jt. Secretary: Vijaya Sudhakar; Treasurer: Dr. V.S.Subbarao  
Members :Dr. S.S.R.L.Swamy ; Ram Mukherjee ; Aruna Kumar ;T.Sudhakar; T.V.Balan ;  
Rukmini Subbarao; Imm. Past President: Dr. V.S.Subbarao; Imm. Past Secretary: T.Kumar  
Editorial Team : Ram Mukherjee ; K . Rajalakshmi; Rukmini Subbarao.**

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## HALLELUZAH!

**“We have completed a decade of memorable Friendship & Fellowship”**

**A month of Happy New Year:** April was the month of celebration of New year in various regions of the country. The essence of the New Year in every region remains the same-celebrating the harvest season and marking the beginning of a new dawn. It is UGADI in Andhra Pradesh and Karnataka, VARUSHAPIRAPU in Tamilnadu, VISHU in Kerala, VAISAKHI in Punjab, GUDI PADWA in Maharashtra, CHETICHAND for the Sindhis, POILA BAISAKH in Bengal and BOHAGG BIHU in Assam

### **PRESIDENT’S COLUMN**

We welcome, Ram Mukherjee, our Founder President, in his New Avatar, as the Editor of our News Letter. We wish him and his Editorial Team all success. Ram, has asked me to write a few lines for this Para. I face the same dilemma as I faced when I was the Editor. What should I write to such an enlightened, well informed, highly experienced readers of this News Letter. I am not an Intellectual or an Original Thinker or a Professional Writer like some of our fellow Probians. I am an Earthy Electrical Engineer, solidly at the Ground Zero Level. So, the best and the easiest way I thought, is to recall and remind ourselves of some of the Famous Words of Great People on Friendship, as ours is a Friendship Club :

**“A friend is a present you give yourself.” – Robert Louis Stevenson**

K.V.K

### **Immediate Past President’s Reminiscences:**

"Looking back on the year just ended, I am happy to note that the year started with a Lecture on Laughter. This jolly spirit was continued in all lecture meetings with a “humor of the day”. The earlier tradition of celebrating special occasions like 50<sup>th</sup> Wedding Anniversaries was revived by felicitating the “Golden Couples” of the year (Rajagopals, RamaBabus and Sawhneys) suitably. Every month, Wedding Anniversary Couples regaled the audience by reliving the humorous moments of their marriage day. To sum up, Humor and Laughter were the pervading themes through out the year."

Prof. VS Subbarao

### **CLUB ACTIVITIES IN THE MONTH**

#### **Management Committee Meeting**

The 1<sup>st</sup>. managing committee meeting of the Probud year 08-09 was held at the residence of the **President** KVK on 9<sup>th</sup>. April and the following matters were discussed / approved:

- Excellent work done by the previous committee headed by Dr. VS Subbarao was appreciated.
- Resolution on change of authorised signatures for bank purpose was passed.
- The President requested the chair persons of the committees to inform him the composition of the respective committees.
- The names of the co-opted members were approved.

- Change of venue for Regular Monthly Meeting to Katriya De Royal – was approved.
- The effort of Past President Probian T. V. Balan for successful launching and regular updating of our club Website (<http://www.probus.org/hyderabad.htm>) was appreciated.
- In the absence of President and Vice President from 4<sup>th</sup>. June to 10<sup>th</sup>. July '08 Founder President Ram Mukherjee has been requested to look after the affairs of the club.
- After the conclusion of the meeting the Members were served with sumptuous high tea.

### **Fellowship Get-together**

Our newly elected President Prob. KV Krishnamurthy hosted the inaugural Fellowship Cocktails & Dinner at the picturesque Sailing club. The presence of young children made the party lively. Every one enjoyed the party thoroughly and thanked the host and the members of his family individually for the wonderful evening.

### **Regular General Body Meeting**

The first General Meeting of the year 2008-09 was held on 27th April'08 in the New Venue (Katriya de Royal) chaired by President Prob. KV Krishnamurthy. With a joke narrated by Probian K.G. Venkatraman and amidst relaxing ambience the usual business of the club was taken up. Appointment of Probian



Tilak Raj Mehta as the auditor for auditing the accounts of the club for the years 2006-07 & 2007-08 was approved. The President informed the Members about 'not-so-healthy' financial status of the club and to discuss this matter MC meeting has been called on 9<sup>th</sup> May'08 at the residence of Pro. T. Sudhakar. Vice President Pro. PV Subbarao announced the Fellowship Cocktails & Dinner on 18<sup>th</sup> May'08 to be hosted by Prob. Ghansham and Sudha Giri.

### **FELICITATIONS**

#### **Birthdays**

This month our Probian Ladies monopolised all the birthdays. Prob. Aruna conveyed birthday greetings to Sita Balan; Parvathi Rao; Sarala Mital; Vasundhra Rao and Vasantha Krishna.

#### **Wedding Anniversary**

Prob. Aruna felicitated Probians - Nanda & Ram; Vijayalakshmi & RamaBabus and Radharani & Sivaswamy for their respective Wedding anniversary. Finally, all the Probians who celebrated their birthdays and wedding anniversaries cut the cake.

Health bulletin: Prob. Harish and Kanti who are not keeping well due to fall are recovering.

#### **GUEST SPEAKER**

The Guest speaker, Mr. K. Dadabhoy, I.P.S. was introduced by Probian P.V. Subbarao. Mr. Dadabhoy had a distinguished carrier in Police (CRPF; CISF; BSF; NSG) and retired as D.G. His versatile interests made him popular in police force and outside. He spoke on the subject "Caring of Elders in 21<sup>st</sup>. Century" His presentation was 'Down to Earth' and there was active and lively participation of the Probians during question hour. Probian T Kumar proposed vote of thanks

#### **KNOW YOUR PROBIAN:**

Our Past President **Probian Dr. SSRL Swamy** was born in Nimmakur in Krishna district of AP in 1928 and completed schooling in his home district. He got his M.Sc. degree from Calcutta University in Applied Physics with specialization of "Instruments and Measurement Engineering." He was awarded Ph.D. from JNTU on his thesis "Design and Fabrication of Wide Band Monochrometer/Polychrometer and preparation of Holographic Gratings." He has been awarded with Fellowship from (1) Institute of Engineers 2) Institute of Electronics and Telecommunication Engineers. (3) Institute of Standard Engineers. Earlier Dr. Swamy worked in Design & Development Depts. (a) Rhode & Schwarz, in Munich, West Germany (b) TIFR-Mumbai and (c) Atomic Energy Establishment Trombay. He served as a member of: Board of management as well as Executive Council of JNTU---- Southern Regional Committee of AICTE---- Governing Council of " Technical Teacher's Institute" Calcutta ----Governing Council of N.S.S. Engineering College, Palghat. Dr. Swamy's

expertise was sought by many institutes as a member for the evaluation and assessment for the accreditation from National Board of Accreditation

--3--

or approval for New Colleges. He was a member of the staff selection committee of various institutes like IIT-New Delhi---- Central Scientific Instruments Organization-Chandigarh and many other institutions of the country. He was a member of the staff selection Committee of IIT-New Delhi and took part in preparing Syllabus for M.Tech. Instrumentation. He contributed to various Institutes for their development by involving himself as member of special committees. He served as President of Electronic Industries association of A.P. as well as Institute of Standards Engineers, Hyderabad. He chaired many technical sessions in seminar on engineering fields and also convened /organised seminars very successfully. He was the first Generation Technocrat to start Electronics Industry by name “Instruments Techniques Laboratory” in A.P. in 1962. The company developed and supplied the various test equipment for testing of sub assemblies of missiles to Bharat Dynamic Ltd. this was appreciated by the Chairman and Managing Director Air Marshal Dastur. This also helped BDL to save good amount of foreign exchange. “Trade Development Authority of India” nominated Dr. Swamy to participate in “Buyers and Sellers” meet in Electronics instruments held in ATHENS and various cities in USA. As “leader of Electronics group” nominated by Export Promotion Council Of engineering Goods he visited Dusseldorf and Stockholm. Dr. Swamy traveled widely and visited USA, CANADA and most of the European and South East Asian countries for the business promotion and sourcing out the new technologies.

Dr. Swamy’s contribution to the technical educational field is immense and he is associated with many institutions and address the students in various functions to motivate, inspire, encourage and enthuse them to become Enterprising Entrepreneurs.

Socially he is involved in local welfare organizations. He served as president of Srinagar Colony Residents’ Welfare Association, Trustee Member of Temples of Srinagar colony and presently chairman of Hyderabad Gymkhana club. He is actively involved in our club for promotion of fellowship.

Dr. Swamy is married to Kamala and they have two sons –Dr. Sarat a very successful Cardio-vascular-Thoracic (CVT) Surgeon and Ravi an M.Sc. Computer Engineering from Philadelphia USA managing the family’s engineering co. ITL in Hyderabad. Sarat’s wife is a practicing Gynecologist and Ravi’s wife is a lawyer helping her husband in business.

## **Special News**

### **ASSOCIATION OF SENIOR CITIZENS, HYDERABAD**

\*April 5 was red letter day for Indian Senior Citizens. “The Hyderabad Charter”, facilitating the formation of an Apex level co-coordinating Committee to bring together all Senior Citizens Organisations in India under one umbrella, was signed. \*For effective functioning of the Senior Citizens welfare movement all over A.P. State six zones are formed.

### **HEALTHCARE      To live up to a Healthy Ninety!**

Analysis of identical twins by Dr. James Vaupel of Max Plank Institute of Demography suggests that genetic determinants account for about 25 percent of variation in life span, leaving the rest 75 percent to lifestyle and habits. This gives us the hope that if we suitably modify our lifestyle, we too can live longer and healthier. A research group at Boston led by Dr. Laurel Yates has analyzed the data obtained by self reports and annual questionnaires on 2300 participants of over 90 years old and in good health This study identifies five major risk factors, which goes to reduce life span. These are: (a) sedentary life with no exercise (b) hypertension or high blood pressure (c) overweight, defined as body mass index greater than 25 ( body mass index is calculated as the body weight in kg. divided by the square of the height in meters), (d) smoking and (e) Diabetes.

A peg of alcohol does not make any difference. All Sardinian Centenarians drink red wine daily.

What matters with these 90-year-olds is how well they took care of themselves from their 70s onwards. The key to longevity may thus lie in keeping fitter 70. Life expectancy does not seem to be determined by their former life style. Therefore, forget about bad habits and risky life style of past years. Reform and redesign your life and you can at least live up to 90.

## **WORDS OF WISDOM**

\*A summary of the world --- If we could, at this time, shrink the earth's population to a village of precisely 100 people, with all existing human ratios remaining the same, it would look like this:

There would be 57 Asians, 21 Europeans, 14 from the Western Hemisphere (North and South) and 8 Africans. 70 would be non-white; 30 white. 70 would be non-Christian; 30 Christian.

50% of the entire World Wealth would be in the hands of only 6 people. All 6 would be Citizens of the USA. 70 would be unable to read. 50 would suffer from mal-nutrition. 80 would live in sub-standard housing. Only 1 would have a college education.

When one considers our World from such an incredibly compressed perspective. The need for both tolerance and understanding becomes glaringly apparent.

---By Forest Felling

\*It is good to have money and things that money can buy, but is good; too, to check up once in a while and make sure that you have not lost the things that money can't buy.

---George Horace Lorimer

## **WORDS OF WISDOM & HUMOR**

### **How to kill any Organisation!**

Do not come to the Meeting. When you do come, come late or only come for Fellowship, sign and then make a lame excuse and go. Never take part in any committee or take any office but definitely be an official critic and make everyone feel and realize that had it not been for you, the Club would have gone to the dogs.

Hold back your dues as long as possible under any excuse. If questioned, say nobody asked you or say that you have been very busy or show surprise and say "Oh, my God haven't I paid? I must have forgotten."

When you attend a Meeting, vote to do something, may even initiate a project but when it comes to shouldering a responsibility, just shelve it by saying, "I wish I could have done it but you see I am very busy, etc. etc." . And last but not the least be a good hundred per center who does nothing, right or wrong – a jolly Good Fellow for Fellowship (only).

\*One night a mugger pointed a gun at a well-dressed man and said, "Give me all your money". The man replied, "You probably don't know, who I am. I am a politician." The mugger said, "In that case give me all my money".

### **Editor's column:**

Friends, I have been entrusted with the responsibility of bringing out our News Letter regularly this year. It is an awesome task for a person whose competency is only making wine. It is said wine making is an art combined with technology but certainly this art does not extend to the literary skill. However with the combined efforts of the members of my committee having authorial talent and your support I hope I will be able to make the News Letter readable. I will welcome your comments and suggestions with positive mind to enable me to improve the presentation. You will appreciate that every person has individual style of doing any work and I hope all of us have respect for other's style. Let all of us support one another to promote fellowship giving due respect to our Bye Laws that guides us and binds us together. Let us go forward to another decade.

*Ram Mukherjee*

