



Issued
In the Interest
of
Senior Citizens



In Service
Since 1992

Probuzz...

Monthly News Letter from
PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)

Regd under Tamil Nadu Societies Registration Act (148/2004)

An Association of Retired Professionals, Businessmen, Govt.

Servants & Others

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Vol 20

No 7

Oct 2010

Wish you all a Happy Diwali

1. Objects of the Club in brief:

- 1.1. To provide a forum to care for the seniors.
- 1.2. To utilize the expertise of the members for the service of the community.
- 1.3. To make donations to deserving poor students
- 1.4. To promote camaraderie among members to provide a common platform for seniors to interact with one another and exchange information and experiences
- 1.5. To assist Rotary Club of Madras in its activities for service to the community
- 1.6. To promote interaction among different age groups to promote harmony and understanding
- 1.7. To raise funds for achieving above Objectives

2. From the President's Desk:

President Probn S Krishnaram Dave wishes all Probians and their family members A Happy and Sparkling Deepavali.

3. Prayer:

The Master Said:

"You know I am a fool. I know nothing.
Then who is it that says all these things?
I say to the Divine Mother:
'O Mother, I am the machine and Thou art the Operator.
I am the house and Thou art the indweller.
I am the chariot and Thou art the Charioteer.
I do as Thou makest me do. I speak as Thou makest me speak;
I move as Thou makest me move. It is not I!
It is all Thou! It is all Thou!
Hers is the glory; we are only Her instruments."

:Gospel of Sri Ramakrishna

4. Thought for the month:

To insure good health: eat lightly, breathe deeply, live moderately, cultivate Cheerfulness, and maintain

an interest in life. ~William Londen

5. Donations received: from 26-9-2010 to 15-10-2010

No	Name	Occasion	Amt, ₹
1	Probn N R Sampath (sunshine fund)	W. A on 24-10-10	2501
2	Probn M S Rajago – palan (Sunshine)	B D of Self and Mrs Prema Rajagopalan	500
3	Tata Group	Career Oppor - tunity-Lunch-meeting on 14-10-2010	10000

WA—Wedding anniversary, BD—Birth day.

5. Celebration of International Day of the Elderly

5.1. Probus Club of Chennai jointly with Russian Centre of Science and Culture celebrated the International Day of The Elderly at Russian Cultural Centre Auditorium at 3-30- PM on Monday the 4th October 2010

5.2. Present: President Probn S Krishnaram Davey, 170 probians, probus spouses, 40 guests, press and media persons.

5.3. The function began after light refreshment.

5.3.1 Probn V Rajagopal, vice president, garlanded the President with Probus insignia.

5.3.2. President Probn S Krishnaram Davey called the meeting to order. Shri Nellai Jayanta officiated as master of ceremony. He invited Dr T R Dinakaran to the dais escorted by the secretary. Smt Vasuki IAS Director of Social Welfare Dept, Govt of Tamil Nadu, Dr C V Ramasami, B Sc, MBBS, Probus Excellence Awardee, Rtn. G Olivannan, Dist Governor, Rotary Dist 3230, Rtn S Gunaseka, President, Rotary Club of Madras were invited to dais. Director Russian Centre of Science and Culture could not be present.

5.3.4. Prayer song was performed by Selvi R Srilakshmi.

5.3.5 President S Krishnaram Davey, welcomed all and thanked the digni- taries for their august

presence. He made a special mention of Dr C V Ramasami, 88 years young, --the selfless serving doctor. He also thanked the probus spouses, guests and other representatives of various associations, and organisations gathered in large number to the full capacity of the Auditorium.

5.3.6 The Chief Guest and other dignitaries in the dais were honoured with shawl, memento and gift-article.

5.3.7.Rtn G Olivannan, Dist Governor Rotary Dist 3230, honoured the Probians who have completed 75 years of age with Platinum Jubilee memento. Similarly Probus couples who have completed 50 years of marriage with Golden Jubilee Memento, an angavastram and a gift article.

5.3.8 Probn Dr S Muthukumar and Probn V Ramakrishnan IAS (Retd) delivered the acceptance speech on behalf of the Platinum/golden jubilee memento receiving Probians respectively. The citation of Probus Award of Excellence to be presented to Dr. C V Ramasamy was read out by Probn V Rajagopal, Vice President.

5.3.9.A poem in praise of Dr C V Ramasamy written by Probn S Sanjivi was read out (published at the end of this para)

5.3.10. The citation and poem and the Award were presented by the Chief Guest, Dr T R Dinakaran to Dr C V Ramasami, BE, amidst thundering applause from the audience.

5.3.11.Dr C V Ramasamy, recipient of Probus Award of Excellence made his acceptance speech.

5.3.12.Then smt R Vasuki IAS released the Book "மன அமைதிக்கு ஒரு நல்வழிப் பாதை", "Will and (Versus) settlement" authored by Probn Dr T S Ramaswami, leading advocate of High Court of Madras and "Probus Path for Seniors" the annual publication of Probus Club of Chennai. The first copy was received by Rtn S Gunasekar, president, Rotary Club of Madras.



Dignitaries on the dais. (L to R) Rtn G Olivannan, DG Rotary Dist 3230, Mrs Vasuki IAS, Director, Social

Welfare Dept, Govt of TN, Dr T R Dinakaran, Chief Guest, Probn Krishnaram Davey President, Rtn S Gunasekar, President Rotary Club of Madras.



Dr T R Dinakaran presents memento the Dr C V Ramaswami the recipient of Probus Award of Excellence.



Mrs Bhageerathy Ramamurthi, Mg Trustee, Anandam old age home received the prizes on behalf of winners who are Anandam inmates, in the competition held at Ananda during cheer up visit of Probn..

5.3.13. Then following probns who have worked hard and collected a good amount of advertisement for the annual publication were honoured with a shawl and a gift article by smt. R Vasuki, IAS,

They are:

1. Probn S Ganesan --above Rs 1 lakh
2. P.F. R Subbaraj Secrerary, Rs. 1.2 lakh
3. Probn V Sreenivas
4. Probn S Gopalakrishnan
5. Probn K Krishnan and
6. probn V Rajagopal

5.3.14. Then, both the Chief Guest and honoured Guest were introduced by Dr P Pandian IAS(Retd).

5.3.15. Both the Chief Guest and Honoured Guest

appreciated the activities of the Probus Club.
5.3.16. Then prizes were distributed to the winners and runners-up in the competitions held by the Club for elders.

5.3.17. The cost of the prizes was met out of the donation of Rs 10,000/- made by P F. Rtn C R Vaitheeswaran.

5.3.18. Compering by Shri Nellai Jayanta was highly appreciated by all and he was presented with a memento-gift by the Chief Guest.

5.3.19. The celebration concluded with a vote of thanks by Probn. Dr. V. Chockalingam.

5.3.20. National Anthem was sung and the two books, one on wills and the other one in Tamil were distributed..

5.4. Prize winners in contests:

5.4.1. Longest Chain:

1st Prize: Probn C M Dakshinamoorthy

2nd Prize: Probn T Somasundaram

5.4.2. Tailing the elephant: (Ladies)

1. Probn Mrs Lakshmi Natarajan

2. Mrs Muthammal Sivgaminathan

5.4.3. Holiday Mania:

1. Probn Rangaramanujam

2. Probn P M Pandian

3. Anandam Inmates.

5.5. Poem in tribute to Dr C V Ramaswamy, Probus Excellence Award recipient, written by Probn S Sanjivi

Probus Club of Chennai & Russian Centre of Science and Culture:

**A poetical Tribute to a physician of Repute
Dr C V Ramaswamy B Sc, MBBS**

Creator Lord has gifted to this land

Verily a saviour of the sick in your person grand!

Recipient of Dr Rangachary scholarship as also gold medals

After a brilliant academic career and service in government hospitals

Made yourself dedicated for community's disposal!

A model physician with great ability and talent

Serving the cause of the sick with great content

Winning the hearts of millions of the sick giving them succour

A great feat indeed in a man's career!

Members of the Probus Club hail and sing in chorus

You should be blessed with a life of five score years!

(Composed by Probn. S Sanjivi

First letters of the lines form the name.)

6 Executive committee meeting of Probus Club of Chennai held on Saturday, 9-10-2010 at 10 am at AASI Conference Hall

6.1. Present: 16 EC members and 3 special invitees.

6.2. Minutes of EC mtg held on 13th Aug 2010 was approved.

6.2.1 Life membership application received from

1. Sri Narayanasamy Ramanathan introduced by P F. R Subbaraj, Secretary

2. Sri K Panchalan introduced by Dr S Muthukumaran and PF R Subbaraj

3. Sri M Mohan introduced by Probn A Mirza Ismail duly recommended by the membership review committee were considered.

6.2.2. After notification in the newsletter, if no objections or reservation are received they will be assigned following membership nos.

1 Sri Narayanasamy Ramanathan - L 183

2. Sri K Panchalan ----- L 184

3. Sri M Mohan----- -L 185

(Full details of above applicants have been given in the Newsletter for Sep 10)

6.3. The committee approved the following program for the breakfast meeting to be held on 23-10-2010.

There will be a **Patti Manram**

Dr R Irai Anbu IAS will be the judge

Topic: What drives Probus Club?

Shri Venkataraman GM HRD TVS Lukas will speak supporting the view that the driving force is "Fellowship"

Dr G S Kailash will speak supporting the view "Service"

6.4. The EC decided to celebrate the Children's Day on 13-11-2010 jointly with Russian Centre.

TN Govt Education Dept Secretary or Director of School Education may be invited as Chief Guest.

It also decided to conduct children's competitions as done in the previous year.

6.4.1. The EC also decided to present an award to a student recommended by Events Committee.

Next EC will be held on 13-11-2010

6.4.2. It was also decided that there would be special EC meeting at the end of Oct 2010 to review the Progress made of the arrangements for holding Children's' day function

6.5. It was also decided to fix a donation of Rs 50/- for annual publication and Members' Directory from members.

7. Probus members' Directory release and career opportunity meeting on 14-10-2010.

7.1. The :Probus Club of Chennai, jointly with Tata AIG Group organised a "Career Opportunity" meeting at Russian Centre of Science and Culture at 10 am. on 14-10-2010

7.1.1. Present: 90 probns, 45 guests and Mr V Valadimir Mariy, the Director, Russian Centre of Science and Culture.

7.1.2. As the President Probn S Krishnaram Davey, could not attend due to his indifferent health Probn

Audimoolam VP presided. Probn PP K Venkatachari, garlanded Probn V Audimoolam with probus insignia.

The meeting was called to order.

7.1.3. Pulavar Siva Arul Mani rendered prayer song.

7.1.4. The meeting chairman welcomed all and thanked them for their participation. He briefed the audience about the probus activities.

7.2. Mr Balu and Mr K Thiagarajan of Tata AIG Group were honoured with shawl. Then the secretary Probus Fellow R Subbaraj, gave brief details of Probus celebration of Children's Day to be held on 13-11-2010 at the auditorium of Russian Centre of Science and Culture.

7.2.1. He mentioned about the competitions to be held in connection with the celebration and also Trip to Tanjore Temple availing concessional tariff on room rent and bus fare offered by TN tourism dept. The visit has been tentatively programmed for last week of Nov 2010. Those interested many register their names with Probn PP K Venkatachari (24981099) or Probn V Hariharan (9884236874)

7.2.2. He also announced about the release of Members' Directory and distribution of Annual publication "Path for Seniors" He also gave details about the next breakfast meeting to be held on 23rd Oct 2010 (Saturday)

7.2.3. Then he invited Shri Sriram of Tata AIG to make the power point presentation on "Career opportunity for senior citizens in Tata AIG Group"

7.3. Though young of age, he made the presentation in an excellent way. He touched upon the various members of the Tata Group with overall control of the group resting with Tata Trust.

7.3.1. Then Shri Muruga Prasad took over and explained the art of financial management in a simple but wonderful manner that held audience's attention tightly. His main thrust was on planning for future financial security.

7.4. Senior citizens can work as consultants and earn extra money. The company has many products to offer to the prospective clients.

7.4.1. Necessary training will be given by the Company

7.5. The Members' Directory was released by Mr Vladimir V Mariy, Director, Russian Centre of Science and Culture and the first copy was received by Probn S P Ambrose. IAS (Retd)

7.5.1.. Appreciative speeches were made by both the dignitaries. The Director was honoured with a gift by Probn Ambrose.

7.6. After interaction with members of audience, Probn S Gopalakrishnan EC member proposed vote of thanks. The meeting concluded.



Director Russian Centre of Science and Culture releases the Members' Directory and the first copy is received by Probn S P Ambrose IAS (retd)

7.7. The audience dispersed for enjoying the lunch provided by the Tata AIG group. Directory was distributed among the members on payment of Rs 50/- for both the directory and annual Publication. (Based on the report received from Probus Fellow R Subbaraj, Secretary).

8. Probus Philosophy meet on 16-10-2010: The meeting was held at 4 PM at MP Anand Mat Hr Sec School, CIT Colony, Mylapore.

Shri K Sundarajan, a yoga exponent, explained with suitable demonstration, importance of simple yoga by various types of Mudra.

He also explained with practical demonstration, breathing exercises which makes the life healthy. He is a multi faceted personality with expertise in plumbing system. He has invented new methods in this direction.

Sri Sundararajn can be contacted at 9382343232. He was honoured with a book of Vedatri Maharishi. Probn K Rengarajan proposed a vote of thanks.

Announcement: Information on Probn's Birthdays, and Wedding anniversary will not, hereafter, be published in the newsletter as the information is available in Probus Members' directory. However, Jt secretary will continue to send individual greetings as before.

9. Mrs Savithri Vaithi, founder of Vishranthi, a charitable home for destitute Elder-women is 80 years young.

9.1. Her admirers arranged a function to celebrate her 80th birth day on 28-8-2010 at AVM Rajeswari Kalyana Mandapam, Mylapore.

9.1.1. There was a huge gathering. Probuzz Editor

honoured her with a shawl and read out a poem on her selfless service to society.

9.2.. The poem is given below:

அணையா விளக்கு

கி. வெங்கடாச்சாரி

ஆதரவற்ற மூதாட்டியர்க்கு

அடைக்கலம் நல்கும் ஆலயம் தந்த

மாதருள் மாணிக்கம் சாவித்ரி வைத்தி

மாவாய் பிளந்தான் காத்தருள்வானே.

எண்பது வயதில் விண் தாரகையாய்

மண்ணில் உலாவும் சாவித்ரி வைத்தி

தொண்டே வாழ்வின் மறுபெயர் என்று

துவளா மனத்தாய் வாழி நீ வாழி.

வாழ்வே சுமையாய் மாறி அழுத்த

வாழ்வே இருண்டு அச்சம் தந்திட

வாழ்வா? சாவா? என்ற நிலையில்

வாழ்வின் விளிம்பில் வந்த மூதாட்டியர்

திசை தெரியாமல் திக்கற்று நின்றார்

தெய்வமே எங்குளாய் என்று தவித்தார்

திசையை காட்டும் சுடரொளியாக

தெய்வமாய் வந்தார் சாவித்ரி வைத்தி

விசிராந்தியிலே அடைக்கலம் தந்தார்

விளக்கொளி தந்தார் அவர் வாழ்வினிலே

விசிராந்தி தந்த சாவித்ரி வாழ்க!

அவருடன் உழைக்கும் அனைவரும் வாழ்க!

திங்கள் நாள் அறக்கட்டளை தந்தார்

சிறந்த உதவித் திட்டங்கள் தந்தார்

தங்கள் வாழ்வில் பெண்டிர் தொண்டே

தலையாய் கருதும் தொண்டர் தலைவி.

அவர் சாதனைகள் என்றும் நிற்கும்

அவர் புகழ் பாடும் கவியாய் மாறும்.

அவர் நலமுடனே பல்லாண்டு வாழ்க

அணையா விளக்காய் என்றும் ஒளிர்க.

10. Shri P Somasundaram celebrates his 90th birthday

90th birthday of Shri P Somasundaram, spouse of Probn Mrs Indira Soma sundaram was celebrated on 6-10-2010 at Kalpagam, 6th Main Rd, R A Puram Ch-28.

A large number of well wishers had gathered and sought his blessings. He is a retired officer of State Bank of India.

All the people gathered there greeted "Happy Birthday to you" when he cut the cake.

The probus Club of Chennai wishes him all the best.

11. Bereavement:

11.1. Sorry to inform that Dr Ramasubramanian, hus- band of Probn Dr Jamuna Ramasubramanian passed away on 11-10-2010.

He was also an ophthalmic doctor and having private practice.

May his soul rest in peace.

Probus Club of Chennai expresses its deep condolences to Probn Dr Jamuna Ramasubramanian and other members of his family.

11.2. Mrs KAMAKSHI Dattari Dore W/o Late Sri Dattatri C.Dore (Ex-SAIL Burnpur), mother of Probn Kartik Dore passed away 10th Oct Chennai age 84.

Probus Club of Chennai expresses its condolences to Probn Kartik Dore and Probn Mrs Kartik Dore and other members of the family. May her soul rest in peace.

11.3 I deeply regret to inform you that Probn .K.Jaishankar's mother (96 years old) passed away on 15-10-2010. May her soul rest in peace!

12 Health topics:

12.1. Here is the calorie chart of Indian food, so keep a track of the calorie intake and adopt healthy eating habits.

Calories in Fruits per 100 Grams

Sl no	Fruit name	Calories per 100 grams
1	Apple	56
2	Avocado Pear	190
3	Banana	95
4	Chickoo	94
5	Cherries	70
6	Dates	281
7	Grapes Black	45
8	Guava	66
9	Kiwi Fruit	45
10	Lychies	61
11	Mangoes	70
12	Orange	53
13	Orange juice 100ml	47
14	Papaya	32
15	Peach	50
16	Pears	51
17	Pineapple	46
18	Plums	56
19	Watermelon	26
20	Pomegranate	77

Source: website : ILOVEINDIA

12.2. When to call a medical emergency number:

12.2.1. Some people are afraid to call medical emergency number because they are unsure whether their medical condition or complaint rises to the level of an emergency. Calling a physician for advice is a good place to start, but physicians aren't always readily available and many will end up telling patients to call medical emergency anyway.

12.2. 2. There are specific conditions that should not wait for a call back from the family doctor before calling medical emergency No. These medical conditions are time sensitive -- waiting too long could have serious consequences, even death. Additionally, there are protocols in place to ease the transition from the ambulance to the hospital emergency department. A family physician will probably not have the tools necessary to treat life-threatening events in his or her office.

12.2.3. When experiencing one of the following conditions, call emergency immediately:

- Anaphylaxis
- Bloody diarrhoea with weakness
- Chest pain
- Coma (unresponsive victim)
- Confusion
- Dizziness
- Drug overdose
- Heart attack
- Heat stroke
- Shortness of breath
- Sudden slurred speech

12.2.4. What is Anaphylaxis?

Anaphylaxis is a severe allergy.. Look for several telltale signs that indicate an allergic reaction:

- Itching
- Redness
- Hives (raised welts)
- Scratchy throat
- Dry mouth
- Trouble breathing or wheezing
- Dizziness
- Weakness

12.2. 5.It is not necessary to have all of the signs for it to be an allergy. If you suspect an allergic reaction and the victim has trouble breathing or dizziness, it is probably anaphylaxis.

Source: about.com

13 Topics of interest to senior citizens:

13.1. Free legal advice to Seniors

I am glad to announce that Probn T S Ramaswami, a leading lawyer of Madras High Court has kindly agreed to give legal advice to

senior citizens free of charge from 3 PM to 5 pm on all Saturdays and Sundays by prior appointment. His phone number is 28442526 His residence is at Triplicane. Thank you sir, for your kind offer

You may be aware that he has authored a booklet "Will and Settlement" and the same has been distributed free of cost to our members. The printing cost has been borne by Probn M.Arunachalam, EC Member. Thank you Probn M Arunachalam

13.2. Will and settlement (continued from previous issue)

13.2.1. REASONS WHY SENIOR CITIZENS SHOULD WRITE & REGISTER WILL.

Make a WILL when you are in sound physical and mental condition and get it registered. It acts as deterrent for miscreants to prove ownership with false documents or documents signed by the elderly under duress if a contesting REGISTERED WILL exists.

13.2. 2. WILL ON PLAIN PAPER ONLY

WILL can be written on plain paper preferably typed double space (no stamp paper) witnessed by two persons putting one's signature on WILL. Witnesses need not know contents of WILL. It is advised that the witnesses should be young and reliable

In case one is very old it is desirable that a certificate with date from a doctor be obtained on WILL itself (both the copies of WILL) about the health and capacity of the person to write his WILL.

13.2.3. I DON'T HAVE A BIG ESTATE

Most have little idea of the size of our estate and are not sure how to calculate our net worth. Even a small flat costs Rs. 50 lacs in Delhi.

13.2.4. I HAVE NOMINEES FOR MY ASSETS, I DON'T NEED A WILL .

Nominees only hold the asset in trust so it can be passed to the legal heirs. For immovable property, one can not nominate "Nominee". Hence you do need WILL for transferring immovable property, business, motor car etc.

13.2.5. CONSULT SPOUSE WHILE MAKING WILL.

It is responsibility of woman to ensure that spouse writes and registers will. woman suffers most in its absence. this is only way for smooth transfer of property (movable/immo- vable) and business to widow/relative.

13.2.6.. WRITE WILL EARLY IN LIFE AND REVISE PERIODICALLY.

One should make WILL as early as possible in life – say marriage, or buying property whichever is earlier. Death comes at all ages including young and without warning. It is never too early/late to write and register WILL.

For example, a person has a family of himself, his

wife, two major sons and two major daughters. All are well settled and married. He desires to give away Rs. 15 lakhs to his wife and rest to his four children; he can do so by writing his intention in the WILL. However, if he does not make a WILL and were to die intestate, then his all assets will be divided amongst his wife and four children in equal proportion. Which of the options is more desirable?.

However, if there is dispute between widow and four children, one has to obtain succession certificate from appropriate local court which may take 3 to 5 years and about 2.5percent of total cost of property and lawyer fee which generally depends upon valuation of total wealth including property and lot of accrimination between the five legal heirs. **(To be continued) (Based on an article by Mr A Ahuja, a legal consultant)**

13.3 Awareness walk organized by Novartis in association with ARDSI (Alzheimer Related Disorder Society of India) on 10-10-10 at Marina Beach at 6-15 AM.

As a part of this program following medical camps will be held.

The Lions Club South Madras have donated Rs 20,000/- for MERCY HOME for purchase of medicines for 4 months.

Free Dementia Screening, Diabetic Check at Bharathiar Illam Triplicane on 24-10-2010

Free Dementia Screening, diabetic Detection and Blood Test, ECG,X Ray, sponsored by South Madras Lions Medical Aid Centre, Bapalal Bhavan, Thiruvanniyur (10th Oct)

Eye disorder operations for 10 elderly people
The Awareness walk was from Kamarajar Statue to Vivekananda House.

Representatives of many organizations of the elderly spoke on the occasion.

Probn K Venkatachari PP Probus Club of Chennai explained the activities of the Club.

Eminent personalities participated in the walk.

14. Probus Fact sheet: (Continued from Previous issue): Let us continue the brief sketch of Mr. C R Sundaram, the first President of Probus Club of Madras:

In the evening of his life, though he was over eighty years old, Mr Sundaram responded enthusiastically to the call to set up the Probus Club of Madras. As its first President, he set the pattern for functioning and conduct of the Club, holding monthly meetings with meticulous regularity on appointed days and conduct the proceedings in his polished, gracious style. An idea of his commitment to the Probus Club can be had from the fact that he made it a point to attend the meetings of the Club even while recovering from a serious fracture of thigh bone, which rendered

him hardly able to walk'. In the last year of his life, in 1996, when a meeting of the Executive Committee of the Club was being held in the roof garden of VD Swami (Pvt) Ltd, Mr Sundaram attended the meeting even though he was no longer in a position to climb the stairs and had to be carried by chair to terrace. Let us bow our head humbly in tribute to this dedicated Probn.

During these early years, the Probus Club of Madras had a small active membership of about twenty five persons. As many of them expressed difficulty in travelling to far-away Kellys corner, near which the SCS Kothari Academy was located, various alternative venues for the monthly meetings were tried during the early days , but were not found satisfactory with the result that SCS Kothari Academy remained the venue for meetings of the Probus Club of Madras, both Monthly and Annual, for number of years, right up to 1999.(To be continued)
(Reproduced from the article " Probus Club of Madras-The first Ten Years by Probn PP R Venkatesan IA&AS (Retd) published in " Celebration of A Decade of Service"-A Probus Publication)

15. Humour:

15.1. Women Friends chatting in office.

Woman 1: I had a fine evening, how was yours?

Woman 2: it was a disaster. My husband came home, ate his dinner in three minutes and fell asleep in two minutes. How was yours?

Woman 1: Oh it was amazing! My husband came home and took me out to a romantic dinner. After dinner we walked for an hour. When we came home he lit the candles around the house and afterwards talked for an hour. It was like a fairytale!

At the same time, their husbands are talking at work.

Husband 1: How was your evening?

Husband 2: Great. I came home, dinner was on the table, I ate and fell asleep. It was great! What about you?

Husband 1: It was horrible. I came home, there's no dinner because they cut the electricity because I hadn't paid the bill; so I had to take my wife out to dinner which was so expensive that I didn't have money left for a cab. We had to walk home which took an hour; and when we got home remember there was no electricity so I had to light candles all over the house! After all, I was so aggravated that I couldn't fall asleep and my wife was jabbering away for another hour!

(FWD mail from Probn S Ganesan)

15.2 One drunk man looks up at the sky and says to another drunk man: Is that the sun or moon?

The other drunk man also looking up : I don't know, I am a stanger here myself

SMS Jokes Chennai Times 9-10-10

15.3. "I'll have to report you, sir," said the traffic cop to the speeding driver.

"You were doing 85 miles an hour."

"Nonsense, officer," declared the driver. "I've only been in the car for ten minutes."

15.4. When I saw you driving down the road, I guessed 55 at least."

"You're wrong, officer, it's only my hat that makes me look that old."

15.5. How many social scientists does it take to screw in a light bulb?

They do not change light bulbs; they search for the root cause as to why the last one went out.

15.6. What is the definition of an accountant?

Someone who solves a problem, you didn't know you had, in a way you don't understand.

15.7. To err is human. To blame it on someone else is even more human.

Jokes.com

15.8. A lady calls a man to repair the door bell, but he does not turn up for four days.

The lady calls again.

He replies "I have been coming daily and pressing the bell, but no one comes out"

15.9. Patient: Doctor, I don't remember anything.

Sometimes on road, I don't remember whether I am going to office or returning from office

Psychiatrist: Look into the tiffin box. If it is full, then you are going to office, if it is empty you are returning from office..

Chennai times SMS Joke.

15.10. 1st year students of MBBS were attending their 1st anatomy class.

They all gathered around the surgery table with a real dead dog.

The Professor started class by telling two important qualities as a Doctor.

The 1st is that NEVER BE DISGUSTED FOR ANYTHING ABOUT BODY,

e.g. He inserted his finger in dog's mouth & on drawing back tasted it in his own mouth.

Then he said them to do the same.

The students hesitated for several minutes.

But eventually everyone inserted their fingers in dog's mouth & then tasted it.

When everyone finished, the Professor looked at them and said:

The most important 2nd quality is OBSERVATION, I inserted my Middle finger but tasted the Index finger.

Now learn to pay attention.

Email from Shri BRT Rajan

15.11. Your future depends upon your dreams. So go to bed immediately

15.12. Children in the front seat of a car can cause accidents. Accidents in the back seat of a car can

cause children.

15.13. Women marry because they believe that he will change one day. Men marry because they believe that she will never change. Both are mistaken.

Email from Probn R Subramanian, Ch-41

15.14. Mr X attending an interview in Software Company.

Manager: Do U know MS Office?

Mr X: If U give me the address I will go there sir.

Fwd email from Probn Sampath srinivasan

16. **HelpAge India: An organisation dedicated to the Service of Older Persons:**

Some of their activities: The organisation has supported:

16. 1. 36,397 successful cataract surgeries free of Cost.

16. 2 14000 elderly through their Adopt –A –Gran programme.

16. 3. 9,68,462 elderly through 50 mobile Medicare Units across 20 States.

(The above figures are for 2008-2009)

Source: HelpAge India.

17. **Quotes:**

1. Politics is supposed to be the second oldest profession. I have come to realize that it bears a very close resemblance to the first.

~Ronald Reagan

2. I am a marvelous housekeeper. Every time I leave a man, I keep his house.

~Zsa Zsa Gabor

Email from Probn Krishnan Jaishankar

18. Probus Annual publication and Probus members' Directory: will be distributed to the members on payment of a donation of Rs 50/- For further details please contact Probus Fellow R Subbaraj, Secretary, Cell: 9444455872

19. **Letter to the editor:**

Probn S Ganesan writes:

Payment of Electricity bills-problems faced by the consumers:

19.1. **Payment by ECS:** This system which was in vogue for a few months, was suddenly stopped without assigning any reason.

Senior Citizens have now to go personally to the payment office, stand in the queue and pay the bills apart from this, one has to spend at least Rs 50/- for the conveyance.

Every one will have a bank account and payment by ECS is the most convenient method. BSNL has successfully implemented this system since the last four years and we do not have any problem. On the due date the amount is automatically debited to the bank account. This system may be restored.

19.2. Online payment through internet:

This system assumes that every one opting for the system would have a computer with internet facility. It cannot be expected that every one will have this facility. For senior citizens learning to operate the internet facility may not be possible considering their age.

19.3. Payment can be made only through two public sector banks (Ind Bk and IOB) and two private sector banks (Axis and ICICI)

While the Central and all the State Govts proclaim to have done lot of things for the senior citizens, there is not even a separate queue for them in the electricity payment offices. Even if there are four counters only one or two are operational and the other counters do not have staff. During the payment due dates one has to stand at least for an hour in the queue.

Payment hours: Payment hours are from 8-30 to 12-30 in the morning and 1-30 to 2-30 in the afternoon. This is totally inadequate. This should be extended by at least 2 hours.

19.4. Anywhere payment: This system has been widely publicised but we have had experience that this is not operational in all the payment offices. I would suggest that ECS payment system may be restored.

20. Dates to remember: November 2010

20.1. 13-11-2010: EC meeting. For details please contact Probus Fellow R Subbaraj, Secretary, Cell: 9444455872

20.2. 13-11-2010—Saturday-Celebration of Children's day at Russian Centre of Science and Culture at 3 30 PM.

20.3. Probus Club of Chennai will present an award to two best students (one boy and one girl)
There will be many competitions for children.

20.3. 1. Essay competition:

Topic:

English:, Tamil: Probus Club Activites / ப்ரோபஸ் சங்க செயல் பாடுகள் Duration: 25 minutes. Paper size: A4 on one side only,
Last date: 5-11-2010, Friday, get it certified by the Class Teacher/headmaster/head mistress that the essay has actually been written by you.

20.3. 2. Oratorical Competition.

Topic: Expectation by Children from parents, elders and teachers / குழந்தைகள் எதிர்பார்ப்பு-- பெற்றோரிடம், முதியோரிடம், மற்றும் ஆசிரியரிடம்
Duration: 3 minutes.
Place: M P Anand Mat Hr Sec School. 10, First link Street, CIT Colony, Mylapore, Chennai-4.
Time and date: 3 PM on 5-11-2010 (Friday)
The students should bring authorisation letter from Head Master/Head Mistress

20.3. 3. Drawing competition:

The students have to draw the painting on a white drawing sheet (A4 size) choosing any one of the topics given below and get it certified by the Class Teacher or Art Teacher with seal.

Topic	
For Juniors (LKG to 5 th Std)	For Seniors (6 th to 8 th Std)
1. Family members	Birthday party
2. Pet animals	Hill station
3. Study materials	Environment day
Last date 10-11-2010 3 PM (Wednesday)	

20.3. 4. Fancy dress competition: (LKG to 5th Std)
Time and date: 3 .30 PM , 13-11-2010 (Saturday)
Venue: Russian Centre of Science and Culture (Behind Chola Hotel)

20.4. The students should register their names before 4-11-2010 with Secretary, Probus Club of Chennai, 8/1E, First Main st, Nehru Nagar, Adyar, Chennai-20, cell. 9444455872

20.5. The essay and drawing papers should be sent to secretary or School Head Master/Head Mistress concerned.

20.6 Probian Family children can directly participate with advance intimation to the Joint secretary.

For further details please contact Probus Fellow R Subbaraj, Secretary, Cell: 9444455872

21. 20-11-2010: Probus Philosophy meeting, at MP Anand Sr Sec, Mat School, 10, Link Road, CIT Colony, Mylapore, Chennai-4 at 4 PM. For further details please contact : Probn V L Iyer, Ph No 24992329

22. 27-11-2010, Breakfast meeting at Russian Centre of Science and Culture.
Breakfast sponsor: Probn V Sreenivas.

For further details please contact Probus Fellow R Subbaraj, Secretary, Cell: 9444455872

23. Trip to Tanjavur and nearby places:

It is proposed to organize a trip to Tanjavur and nearby places in the last week of November 2010 or first week of December 2010 in association with TN Tourism Dept. The trip may last for 2 or 3 days. Details are being worked out.

Those interested may give their names to me (24981099) or Probn V Hariharan (9884236874)

24. Trip to Bangalore and Mysore:

It is proposed to organize a trip to Bangalore and Mysore in Feb 2011. The trip will cover a visit to DRDO, a prestigious establishment of Govt of India. Duration of the trip is likely to be three days.

The trip may cost approximately Rs. 3000/- The maximum size of the group is 20.

We will go and return by Sadapathi and arrange a van from Bangalore to visit Mysore.

It is proposed to stay at ISKON while at Bangalore. A rough sketch of itineraries during the trip is as follows.

Day 1—Reaching Bangalore, visiting DRDO, Lunch at DRDO, Visiting and stay at ISKON

Day 2—leaving Bangalore early in the morning visiting Sriranga Patnam and Melkottai, Maharaja's palace, visiting musical fountain on the way to Bangalore.

Day 3—Visiting Cubbon Park and vhidhana Soudha.

Departure by Sadapathi.

As train tickets are to be booked and rooms have to be reserved, intending members may register their names by paying the ist instalment of Rs 2000/- Balance , if required, will be paid later. The amount is payable on or before 15-11-2010 to Probn M Arunachalam. Ph:9840869758

25."There will be a Bharata Natyam program arranged exclusively for our members on 10.11.2010 (Wednesday) by V.Hariharan Event Committee member. The venue is Sivasamy Kalalaya Auditorium, No.5 Sundareswarar Street, Mylapore,Chennai 4. Time 6.00 p.m.onwards. The program is to be held under the banner of Probus Club of Chennai.The program is by the students of Abhinaya Institute of Research and Fine Arts, Vasai,Mumbai managed by Guru Smt.Chitra Vishwanathan.They are performing regularly at ISKCON temples at various centres like Mumbai, Delhi, Kolkatta,Chennai Vapi(Gujarat)to mention a few. The young students who have learnt Bharata Natyam in addition to their Schooling want all encouragement and Blessings of our Probian members..So please attend the program with your family members and make the event a grand success."

(Email from Probn V Hariharan Ch-5)

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