

Sri Krishna Sweets



Issued

In the Interest of  
Senior Citizens



In Service  
Since 1992

# Probuzz...

Monthly News Letter from  
**PROBUS CLUB OF CHENNAI**

(Sponsored by Rotary Club of Madras)  
Regd under Tamil Nadu Societies Registration Act (148/2004)  
An Association of Retired Professionals, Businessmen, Govt. Servants &  
Others

No. 13/5, Rameswaram Road, T'Nagar, Chennai-600 017, Ph: 24341334



Vol 20

No 6

Sep 2010

**Wish you all a Happy Elders Day .  
Navarathri Greetings.**

## 1. Objects of the Club in brief:

- 1.1. To provide a forum to care for the seniors.
- 1.2. To utilize the expertise of the members for the service of the community.
- 1.3. To make donations to deserving poor students
- 1.4. To promote camaraderie among members to provide a common platform for seniors to interact with one another and exchange information and experiences
- 1.5. To assist Rotary Club of Madras in its activities for service to the community
- 1.6. To promote interaction among different age groups to promote harmony and understanding
- 1.7. To raise funds for achieving above objectives

## 2. From the President's Desk:

Every year we celebrate the Independence Day on the 15<sup>th</sup> of August and we Probians also celebrated the event by Hoisting the National Flag and distributed sweets to children.

The Probus Educational Scholarship program every year is held in the month of August. This year also it was held on the 30<sup>th</sup> of August. The Chief Guest was Thiru. M Kutralingam, IAS, Principal Secretary, School Education, Govt of Tamil Nadu and Dr S Salivahanan, Principal, SSN College of Engineering being the Guest of Honour who distributed the Scholarship of Rs 800/- to each of the 83 students selected by the various schools covered under the program..

This meeting was attended by a large number of Probians.

The recipients of the Award were present along

with their teachers.

The function was a tremendous success due

to the efforts taken by Probn R T Namasivayam who is heading the panel. We expect more and more donors towards nthis scholarship fund so that next year we will be able to give scholarship to more numner of students. A word about Probus Fellow C R Vaitheeswaran who has donated substantial amount spontaneously towards scholarship fund on every occasion.

Yours faithfully  
S Krishnaram Davey  
President.

## 3. Prayer:

### Forgive me:

Even before I saw the light of this world, my sins from previous births,  
Through which I passed because of desire for the fruit of my deeds,  
Punished me as I lay in my mother's womb.  
There I was boiled in the midst of filthy things:  
Who can describe the pain that afflicts the child in its mother's womb?  
Therefore, O Siva! O Mahadeva! O Sambhu!  
Forgive me, I pray, for my transgressions.  
(Gospel of Sri Ramakrishna)

## 4. Donations: From 16-8-2010 to 25-9-2010

### 4.1. Education fund:

- Probns
- 4.1.1. Ms V K Vanajakshi-A345-₹20,000
  - 4.1.2. Dr M Singaravelu-A352-₹10,000
  - 4.1.3. S Chidambaram-A366-₹10,000
  - 4.1.4. Veeravalli Trust ₹10,000  
11, 7<sup>th</sup> Cross Street  
Lake Area, Nungambakkam  
Chennai-34  
(probn S Santhanam)
  - 4.1.5. S Lakshmi Narayanan A368 ₹20,000
- Total----- ₹ 70,000

4.2. Donation received for Old age home ANANDAM----- ₹ 10000  
PF Rtn C R Vaitheeswaran

### 4.3. Sunshine Fund and others:

- 4.3.1. Dr N Rajagopalan ₹1000  
General purpose
- 4.3.2. V. Jagannathan ---₹ 1200  
Elders Day
- 4.3.3. K V Veeraraghavan ₹ 501  
Elders Day
- 4.3.4. P S Santhanakrishnan ₹ 200  
Elders Day
- 4.3.5. C H Gopinatha Rao- ₹2000  
Elders Day (events)
- 4.3.6. Mrs Lakshmi Natarajan ₹500  
L 179 total ₹ 5401

### 4.4. Breakfast:

- 4.4.1. J Ramavadani A244 ₹5000  
Sponsorship for Sep 25,2010
  - 4.4.2. E R Lakshmanan A 322 ₹ 5000  
Sponsorship for Oct 23,2010
- Total ₹10000

5. Executive committee meeting The Executive Committee Meeting of the Probus Club of Chennai scheduled on 13<sup>th</sup> Sep 2010 at 11 am at "Anandam" ( A free home for seniors) Anna Road, Gangai Nagar, Kallikuppam, Ambattur, Chennai-53, was adjourned for want of quorum. Only 9 EC members and office bearers were present against required number of 11.

In view of short time available for printing of invitation and making of other arrangements for Elders Day Celebration, it was decided to approve the events committee recommendation for presenting the Probus Award of Excellence to Dr C V Ramaswamy, B Sc MBBS (aged 80) It was resolved to fix up the norms and regulations to present the Probus Award to a Probn in the EC meeting. As there is no recommendation from Events Committee this year the presentation of Award is postponed.

6. Cheer up visit to "ANANDAM" a charitable old age home on 13-9-2010

Probus Club of Chennai arranged a cheer up visit to ANANDAM, "Anandam" ( A free home for seniors) Anna Road, Gangai Nagar, Kallikuppam, Ambattur, Chennai-53 on an invitation from Mrs Bhageerathi Ramamuthi, managing trustee, extended on 28-8-2010 in the breakfast meeting of our Club.

The Club arranged two vans for the trip and started at 9-15 am from Mylapore and T.Nagar. Nearly 36 probians joined in the visit. The Trust members welcomed the Probians cordially. The Trust members explained the activities and support provided to the inmates of the home. The Probians observed and appreciated that the home was maintained spic and span. The quality of food served to seniors was also high. The Probians were provided lunch.

After lunch, the Club conducted competition—Holiday Mania ( similar to Musical Chairs) for both men and women aged 70 years and above. Nearly 80 individuals participated in the event. Participants who secured first and second positions will be awarded prizes on the occasion of Celebration of Elders Day on 4-10-2010. Separate events were conducted for Probians and for Home inmates.

Probn R Subramanian conducted a magic show which was enjoyed by all. Educational Scholarship of Rs 800 each was disbursed to four poor and deserving students recommended by ANANDAM

PF Rtn C R Vaitheeswaran donated Rs 10000/- to ANANDAM through the Club. The same was presented to the Managing Trust amidst loud applause.

Probn Fellow C R Vaitheeswaran also donated books worth ` 5000/- and the same were handed over to the library maintained by ANANDAM.

After vote of thanks the seniors were provided biscuits and tea.

The Probians bid an affectionate fare well to the inmates and left for Chennai.

**7. Breakfast meeting held on 28-8-2010 at Russian Centre of Science and Culture**  
 Present: President Probn S Krishna Ram Davey, 120 members and 20 guests.  
 Breakfast was provided in the canteen Melenge at 9 am with a sweet item.

Breakfast was sponsored by Probn T K Balasubramanian (A 163) in celebration of his 88<sup>th</sup> birthday.

Probn V Audimoolam VP garlanded the president with Probus Insignia. President called the meeting to order. Invocation song was performed by Probn A K Viswanathan. President in his welcome address, thanked

Probn S Santhanam for arranging trip to Panchvatee Anjaneyar temple and hosted both breakfast and lunch, and also for arranging special darshan and Prasadam. He also thanked Probn Fellow C R Vaitheeswaran for hosting dinner for EC meeting on 13-8-2010 at the Presidency Club. He invited Mrs Bhageerathi Ramamoorthi, Managing Trustee "ANANDAM" a free home for Senior Citizens after a brief introduction. Mrs Ramamoorthi explained the activities of the Home, facilities provided for the inmates of the Home and procedure for selection of inmates. Her services to the seniors were appreciated by all. She was honoured with shawl, memento and a gift.

Then the Guest Speaker Shri C K Nandagopalan was invited to speak on "Old age and Mental Health".

In his talk he elaborately explained the strength of traditional forms of Indian Medicine for prevention and cure of Diabetes. He also emphasised on the use of herbally treated salt. When he concluded his speech, the hall burst into thunderous applause after a pin drop silence. He was honoured with shawl, memento and a gift book by Probn Dr S Muthukumaran. He also thanked the Guest Speaker for the informative speech. The donors of scholarship-fund were honoured

**Probn Dr M Singaravelu, A352— ₹10000/-**  
**Probn S Chidambaram , Jt Secretary A 366— ₹10000/-**  
**are the scholarship donors.**  
**Probn T Kripashankar, who has donated Rs 50000/- on 13-5-2008 for Scholarship fund was given a certificate as Major Donor. He was also given a gift.**

Then the Probns whose birthday fell between 21-8-10 to 30-8-10 were honoured.

**Probn T K Balasubramanian who sponsored the breakfast and also a complimentary bag to each probn present, cut the cake.**

Probns H S Rao and S Chidambaram also joined the group of birthday babies and cut the cake. Cakes were distributed to all members and guests.

The next breakfast meeting will be held on 25-09-2010

**( Based on the report received from the secretary)**

**8. Breakfast meeting of Probus Club of Chennai held on 25-9-2010 at 9.30 am at Exhibition Hall, Russian Centre of Science and Culture**  
 Present: Vice President Probn V Audimoolam presided in the absence of President Probn S

Krishnam Davey, who is not keeping good health, members and 25 guests. The breakfast with herbal drink was provided at 9 am The breakfast was sponsored by Probn J Ramavadani

Probn PP R Manickam garlanded the president with Probus insignia. The meeting was called to order.

The prayer song was rendered by Probn T K Balasubramanian.

Then the meeting chairman invited the Chief Guest, Shri N Gopalaswamy, IAS (Retd) , former chief Election Commissioner and Mr Vladimir Mairy Director, Russian Centre of Science and Culture to the dais.

The chairman of the meeting in his welcome address thanked the trustees of "Anandam" a free home for Elders at Kallikuppam, who render yeoman services to the destitute Seniors by providing them a dignified life. After the welcome address, the honoured guest Mr Vladimir Mairy was honoured with shawl and a memento by the chief Guest Shri N Gopalaswami IAS (Retd)

Mr Vladimir Mairy in his acceptance speech recollected the strong Indo-Russian relations for the past 80 years and assured to render all help and assistance for this senior citizens association

Then the Chief Guest was honoured with shawl, memento and a book by probn Dr V Chockalingam, Probn V Rajagopal VP, and secretary respectively.

Then the Chief Guest was introduced by Dr P Pandian IAS (Retd).

Shri N Gopalaswami, was requested to deliver the address on the topic of "Election not necessary"

Shri N Gopalaswami in his address expressed concern over the decline in voting percentage and stressed the need for people to cast their votes without fail. Otherwise the country will have a representative who will be elected on a very low percentage, say 25%, of volts polled. Such a situation will arise when a large number of candidates contest in a constituency. This is also the result of mushrooming political parties. Many of them exist only on their letter head. Parties are launched for availing income tax concession which is available for the donor as well as donee. When Supreme court was approached to ban such parties, the apex court rejected the request. By way of answering a question by a member, he told that electronic voting machines cannot be hacked. But they could be tampered with manually.

He concluded his speech with thanks to the Club members for giving him a chance to

share his views with the eminent retired people. Then the donors for the month were honoured. Probn S Lakshminarayanan A 368, who donated Rs 20000/- for scholarship fund could not be honoured as he was not present. Probn J Ramavadhani A 368 was honoured with shawl and a gift. Mrs Lakshmi Natarajan L179 was honoured with a gift for her sunshine donation (Rs 500) Probn Dr V chockalinga proposed a vote of thanks. The speeches including the vote of thanks were received with appreciation. Two competitions were organised in connection with celebration of Elders Day. First competition was tying ropes and one ties ropes to get the longest one will be winner. Those who are 75 and above could participate. The second contest is drawing the tail of the elephant. The contested will be blind folded and he has to draw the tail of the elephant on a board. The games generated great enthusiasm. The next breakfast meeting will take place on 23-10-2010. Probn E R Lakshmanan will be the sponsor of the breakfast. **(Based on the report received from Probus Fellow R Subbaraj, Secretary)**

#### 8 A. Scholarship Disbursing Function:

One of the important projects of Probus Club of Chennai is grant of scholarship to poor and deserving students.

Every year we organise a grand function where the beneficiary students receive scholarship.

Following table gives a clear picture of No of beneficiaries in 2009 and 2010

Details	2009	2010
No of schools	22	43
Students in VI	48	0
Students in std VII	6	41
Students in std VIII	0	6
Students in Std IX	0	1
Students in Std X	0	1
Students in std XI	0	45
Total students	54	94
Boys	24	42
Girls	30	52
Scholarship fund	54	81
Probus Club fund	0	13

The function began at 4 pm at the Auditorium of Russian Centre of Science and culture on Monday the 30<sup>th</sup> Aug 2010

Present: President Probn S Krishnam Davey, Probn, School Children, Parents, teachers, and Guests

After tea, the function began at 4-10 PM. Students of Lady Willindon Girls Hr Sec School, Triplicane rendered prayer song.

President S Krishnam Davey was garlanded with Probus insignia by Probn V Audimoolam, Vice-president. The President then invited the Chief Guest, Shri M Kutralingam IAS, Principal Secretary, School Education Dept, Govt of Tamil Nadu and Honoured Guest Dr S Salivahanan, Principal, SSN College of Engineering to the dais.

The President, in his welcome address, welcomed all and briefly described the activities of the Club.

He highlighted the Probus Scholarship Project which was implemented with the generous donations from Probn and well wishers.

He pointed out that the no of beneficiaries has been steadily increasing year after year. He hoped that next year the number will increase to 200. He praised the hard work and initiative of the Secretary Subbraj in this regard. He also praised Probn R T Namasivayam for the work done by him in this regard.

He thanked the Guests for accepting our invitation to participate in the function.

Then scholarships were disbursed to each student selected for the purpose. The scholarship amount was Rs800/-.

**Shri M Kurtalingam IAS and Shri Salivahanan Principal SSN College of Engineering distributed the scholarship cheques and books to the students. The books were donated by Probus Fellow C R Vaitheeswaran.**

Probn S Santhanam and Ms V K Vanajakshi, recent donors of Scholarship Fund were honoured with a shawl and a gift by the Chief Guest.

Probn Dr G V Rao, a major donor of scholarship fund introduced the honoured Guest Dr S Salivahanan and Probn K S Subbiah, former VP of SPIC introduced Shri M Kutralingam, IAS, the Chief Guest.

The Guests were honoured with shawl, memento, book and a fruit basket.

The honoured Guest Dr Salivahanan in his speech appreciated the services of the Club and praised the members for making generous donations for the noble cause i.e. moulding the younger generation.

He pointed out the yeoman services of Siva Nadar in the Education-field by adopting a school. The top rankers of the Rural base school students are provided admission in the SSN Engineering College. The college bears the entire cost of their study.

The Chief Guest in his address praised the activities of the Club.

He assured his full assistance to the Club in implementing the projects to help the needy and concluded his speech with thanks to the office bearers of the Club for giving him a chance to understand the club and services rendered by the retired persons.

Probn, Dr Nirmala Thiagarajan, former Principal, queen Mary's College proposed vote of thanks. She made a request to Dr Salivahanan to provide a seat to a student recipient of Probus Scholarship and sponsored by Probus Club of Chennai. She thanked the Chief Guest for acceptance of our invitation and attending the function in spite of his heavy work schedule. She also thanked the Director, Russian Centre of Science and Culture for providing the Auditorium at concessional rent and all the probn for their unstinted support in making the function a grand success.

Probn R T Namasivayam was the master of ceremony.

The function concluded with National Anthem. (Based on report received from Secretary PF R Subbaraj)

#### 9. Felicitations:

9.1. Probn having birth days (BD) in Oct 2010			
No	Name, Probn	BD	Ph No
1	Santhanam S	1	24812390,
2	Balaguruaiya B. B	2	24670437
3	Indira Soma sundaram Mrs	4	24465578,
4	Balasubramanian V	5	24996319
5	Mony S V	6	24456168
6	Sundaram G IAS (Retd)	7	24951010. 9884403717
7	Subbiah K S	8	22310169, 9840699220
8	Subramanian S ( Ch 26)	9	65373287
9	Rajagopalan M S	10	24994503
10	Probhavathi R Dave Mrs	12	24345436, 9840934811
11	Pushpa B Shah Mrs	13	2811 3294
12	Thanya Kumar S	13	22322018
13	Unnikrishnan	13	24452530

	P Variyath		
14	Bhanumathi V Mrs	14	2441 1678
15	Bhasker Shah	14	28113294
16	Alaghia krishnan K	15	28476468
17	Audimoolam V	15	2669 2252, 9789808762
18	Krishnan N	16	28544031 9840150588
19	Sadasivam T D	16	24345774, 9840186441,
20	Dharmeswaran N	17	9940503323
21	Appavoo T	19	42036653, 24320988
22	Lakshmanan E R	19	24956802, 9444648818
23	Vijendra Rao V .	21	28156392
24	Subharaj R	22	24422839 9444455872
25	Jagannathan V	23	26427451
26	Arumugam M	24	2550 1127, 9381052487
27	Krishnan C	24	24474800
28	Sridhar N	24	24350924, 65872064
29	Leela Ramanan Mrs	25	24997050, 9677054337
30	Chandra sekaran C..	26	24993477
31	Sanjivi S	26	24483645
32	Srinivasan R A	26	42181136. 9444992901
33	Govindan V S	31	24452155

**9.2. Probus Spouses having birthday (BD) in Oct 2010**

No	Name of Probus Spouse	B D	Ph No
1	Hemamalini Pattabiraman Mrs	1	26203201, 9444013980
2	Pitchammal Gnanasam bandam Mrs	2	24918553, 9840193551
3	Anila Jalan Mrs	2	28365280 9962081010

4	Meena Mahadevan Mrs	3	42170240
5	Asha Sridharan Mrs	3	28473136
6	Prema Jaishankar Mrs	4	24456474
7	Prema Rajagoplan Mrs.	4	24994503
8	Shanti Dharmeswaran Mrs.	6	9940503323
9	Somasundaram P Mr	6	24465578,
10	Saraswathi Jayaramnan Mrs	11	24411695, , 9840021719
11	Rajalakshmi Sridharan Mrs	11	24912725
12	Pushpa B Shah probn Mrs	13	2811 3294
13	Pattammal Probhakar Mrs	13	24796325, 9962241041
14	Premalatha Sridharan Mrs	13	24462350, 9840788649
15	Premkumar V Williams Mr	14	26413252, 9841278000
16	Vasumathy Ravidnran Mrs	15	0461-2312033, 9443819487
17	Usha Subra - manian Mrs	15	24511799
18	Hemavathy Venkatachari Mrs.	15	24981099
19	Parvathy Byravan Mrs.	17	24991027
20	Vasantha Mani naraya- nan Mrs	17	24996960, 62109380
21	Vijayalakshmi Sundaram. Mrs	18	2448 1460 9791149794
22	Visalakshi Gandhi Mrs	19	24910974,
23	Pramila Sadasivam Mrs	19	24524317
24	Kasthuri Bai Subbaraj Mrs	20	24422839 9444455872
25	Kamakshi Rajan Mrs	25	2224 5467
26	Chandra Vaitheeswaran Mrs	26	28156345

27	Jaya Krishnan Mrs	27	24474800
28	Vijayalakshmi Venkata chalam Mrs	27	24992222
29	Soundra valli Vijayarangam Mrs	27	26216767
30	Gomathi Balasubramanyam Mrs.	28	22430975
31	Pramila Israel.Mrs	28	65616281, 9789000065
32	Senthamarai A Dr Mrs	29	26441717, 9841091717
33	Malathi Subramaniayer Mrs	29	24986838, 9840613799
34	Devika Bala subramanian Mrs	30	24743168, 9444478226
35	Padma Ramnath Mrs	31	24997974

**9.3. Probus Couple having wedding anniversary in Oct 2010**

No	Name of Probus Couple	W A	Ph NO
1	Manickam R Probn & Muthu lakshmi Manickam Mrs	8	28279328
2	Bhanumathi V Probn Mrs and S Venkataraman Mr	9	24411678
3	Sundararajan R Probn & Hema -latha Sundar - rajan Mrs	18	24983033
4	Srinivasamurti T T Probn & . Kalpakam Srinivasamurti Mrs	19	24990967 9840392155
5	Balakrishnan T S Probn & Charumathi Balakrishnan Mrs	20	22432516
6	Sampath N R Probn and Malini Sampath Mrs.	24	24993847 9952075946
7	Krishna moorthy S probn and Jayam Krishna moorthy Mrs	24	9940135160

8	B R Jambunathan Probn & Lalitha Jambunathan Mrs	25	24988586
9	Abdul Khader M M Probn & Helen Khader Mrs	25	2434 4394,
10	Namasivayam R T Probn & Kalyani Nama - sivayam Mrs.	29	28111882
11	Sainath V Probn & Pushpa Rani Sainath Mrs	29	9840764174
12	Venkataraman Hari Probn & Saroja Hari Mrs.	31	24987182

**9.4. Probus Club wishes all the above members and spouses many many happy returns. May God bless them with Long , Happy and healthy life. Probn S Chidambaram Jt Secry has sent individual greetings to all of them.**

**10. Welcome to New life members:**

**10.1. Ramanathan N Probn**, former Director, Computer Society of India, Chennai, DOB:16-02-1945, Spouse-name: Sharadha Ramanathan, Mrs, Spouse DOB: 15-05-1946, Wedding date: 19-05-1967, Res: "Seshadri" 21, (old No 8) Chittaranjan Road, Teynampet, Chennai-600018, Ph: No 24355084, Cell: 97890 91909, email ID: [n\\_ramanathan2002@yahoo.com](mailto:n_ramanathan2002@yahoo.com), Member ID:

L 183, introduced by Probu Fellow R Subbaraj Secretary

**10.2. Panchalan K Dr Probn**, Former, Registrar, IIT Madras, DOB: 20-03-1949, Spouse: Seethalakshmi V Dr, Spouse DOB: 04-08-1950 Wedding Date: 26-08-1977, Res: Harini Illam, Plot No 31, Bharathi Avenue, Kuppam Road, Kottivakkam, Chennai-41, Ph: 24512522 Cell: 9962014727, email ID:

[panchalam@yahoo.com](mailto:panchalam@yahoo.com). Member ID: L184, Introduced by Dr S Muthukumaran and PF Subbaraj, Secretary

**10. 3. Mohan M Probn**, Head quality, New Gen imaging Systems Chennai, DOB: 9-06-1947, Spouse: Malathi Mohan Mrs, Spouse DOB: 24-12-1949, Wedding date: 12-05-1980, Res: A/2, Plot 72, VGP Golden Seaview, part 1 2nd Main Road, Palavakkam, Chennai-41, Member ID: L185 ph No 64998259, Cell: 9840808220, email ID [atreya.mohan@gmail.com](mailto:atreya.mohan@gmail.com), Introduced by Probn A Mirza Ismail

**11 Weddings:**

**11.1. Sow Poornima Dore weds Chi. Sourav Roy:**

Probuzz...

Probn Karthik Dore and Probn Mrs Lakshmi Dore celebrated their daughter, Poornima's wedding with Sourav Roy on 27-8-2010 at Narayani Ammal Kalyana Mandapam, R A Puram. Many probns attended the function.

May God shower His blessings on the young couple.

**11.2. Probn V Balasubramanian celebrated his grand son, Selvan Karthik Arun 's wedding with Selvi Anitha Devi on 12-9-2010** at Raghavendra Kalyanamandapam, Triplicane. Many probns including Probus Fellow R Subbaraj, Secretary and Probn V Audimoolam VP attended the marriage and blessed the couple.

May God bless the couple with long and happy married life.

**12. "Neenga Yaar Pakkam"**

**Probn Dr G V Rao organised** a function on 21-8-2010 at Smt Sivagami Pethachi Auditorium. Mrs Revathi Sankaran inaugurated the function.

She presented award of Nataka Hasyamani to Shri Kathadi Ramamurthi and award of Nataka Navarasamani to Kalaimamani Koothapiran for their outstanding contribution to fine arts.

**"Neenga Yaar Pakkam"**—a drama by Stage creations featuring Kathadi Ramamurthi was staged. The central theme of the drama was problem arising out of children going abroad for better jobs.

Probn Dr G V Rao's 81<sup>st</sup> birthday was on the next day that is 22-8-2010. Every one participating in the function greeted him heartily and wished him many happy returns.

**13. Topics of interest to senior citizens:**

**13.1. GERIATRIC WARD OPENED IN MADURAI**

MADURAI: In an effort to make the elderly avail medical treatment and facilities without any hassle, a geriatric ward patient examining centre, including an outpatient medicine counter and separate queue facility, was inaugurated at the Government Rajaji Hospital here on 21-8-10 by the collector Sri C. Kamaraj.

**13.1.2.** A separate patient examining centre for treatment under the Kalaingar Life Saving Health Insurance Scheme was also inaugurated.

**13.1.2.** The Collector citing the newspaper reports said, "Madurai has more number of elderly people who have been abandoned by their children and are living in old age homes."

**13.1.3.** "Old age is an inevitable condition. Keeping this in mind the youngsters should take a vow to protect the elderly."

**13.1.4** He emphasized the role of the media in highlighting the problems of the elderly people.

**13.1.5.** Student groups involving many colleges in the city were formed as part of the measure to provide support to the elderly. The event was organised and supported by Indiram Trust, a non-governmental organisation. (source: The Hindu dt 22/08/2010)

**13.2. Amendments to Senior Citizens Savings Scheme Rules, 2004**

In case of death of a depositor before maturity, the account shall be closed and deposit refunded on an application in Form 'F' along with interest as applicable to the scheme till the date on which the depositor expired, to the nominee or legal heirs in case the nominee has also expired or nomination as provided in rule 6 was not made, as the case may be. For the period between the day following the date of death of the depositor and the date on which refund is made, simple interest shall be paid at the rate applicable from time to time to saving accounts as provided in Rule 6 of Post Office Savings Accounts Rules, 1981". Email from Dr P Vyasamurthy

**13.4. PPN not necessary for Cashless Mediclaim**

Policyholders can breathe a sigh of relief, as their existing policies will cover their expenses even if the hospital they are admitted in, is no longer a part of the Preferred Provider Network (PPN) of their insurer.

This directive has been issued by the Insurance Regulatory and Development Authority (IRDA), thus putting an end to the agony of policyholders who were earlier denied cashless facility, if the hospitals were not under their insurer's PPN. IRDA has also directed the insurers to inform the policyholders about the changes in their PPN list. Moreover reacting to IRDA's order, public sector general insurers are making arrangements to provide better services to policyholders.

Earlier four public sector general insurers (United India Insurance, New India Assurance, Oriental Insurance and National Insurance) had removed 300 hospitals from their PPN due to issues of over-charging by hospitals. However, according to many insurers the issue is on the verge of being resolved after various rounds of discussions between them (insurers) and hospitals. Yet, only smaller hospitals have joined the insurers.

We believe that IRDA's stance for cashless mediclaim (for existing policyholders) was

highly called for, as a policyholder could not be at the mercy of whether a hospital comes under the PPN list of the insurer. At such times of medical emergencies, convenience of the policyholder should be of utmost importance. However, a complete scrapping of the Preferred Provider Network system is needed, as this would make cashless facility available across all hospitals. (Financial News Simplified dt 19-9-2010)

### 13.5. Badal announces to set up state senior citizens council.

13.5.1.-- The Punjab government would soon set up a State Senior Citizens Council to ensure social security and safeguard the rights of elderly persons to enable them to lead a life with self respect and dignity. Addressing a gathering of senior citizens at the launch of Federation of Senior Citizens Association (FEDSEN)-Punjab here, Punjab Chief Minister Parkash Singh Badal said the Council would also guide the state government to prepare a comprehensive policy for the welfare of senior citizens, which was the most respectable section among the society.

13.5.2. He also agreed to the proposal of the federation to depute a senior police officer of Inspector General (IG) rank as a nodal officer at the state level to look into the issues of senior citizens, specially related to their safety and personal security. Likewise, DIGs would be deputed in their respective ranges and SP-level officers in the districts as nodal officers to ensure personal security of older persons, he added.

13.5.3. Mr Badal said Punjab was among the few states to adopt of the Maintenance and Welfare of Parents and Senior Citizens Act, 2007 to ensure social security to the senior citizens who had been neglected by their children. He added that rules under this act would be notified shortly and reiterated that the act would be enforced strictly.

13.5.4. Referring to the issue of timely payment of old age pensions, he said state government would soon create a dedicated fund of Rs 500 crore to enable the old age beneficiaries to get pension in time. He also said the state government was in the process to tie-up with the nationalised banks for disbursement of old age pension at their branches.

(Email from Dr P Vysamurthi, Founder-Society for Serving Seniors, Hyderabad.)

### 13.6 .Copy of letter dated 26-8-10 from Shri M V . Ruperalia, social activist working to alleviate the problems of senior citizens in India addressed to Shri Pranab

**Mukherjee, Hon'ble Minister of Finance, Govt of India regarding deduction of expenses incurred for treatment of specified diseases of senior citizens under Sec 80 DDB of IT act 1961 and corresponding sections under proposed Direct Tax Code.**

**Sub: Rules under Income Tax Act, 1961 & proposed Direct Tax Code- Relief to Senior Citizens.**

13.6.1 As per Sec 80 DDB & Rule 11 DD of the Act, deduction for expenditure on medical treatment on specified diseases is permissible to the extent of Rs 60000 to Senior Citizens for self & dependant relative. In specified diseases, 5 diseases as under are covered:- Neurological Diseases ii) Malignant Cancers (iii) Full Blown Acquired Immune-Deficiency Syndrome (AIDS) (iv) Chronic Renal failure (v) Hematological disorders.

13.6.2 As Senior Citizens also suffer from other chronic diseases like heart problems, hyper tension, diabetes etc and have to spend a lot of money on costly medicines every month, by pass, dialysis etc, it is requested that all chronic diseases may please be included in Rule 11 DD and proposed Rules under Direct Tax Code. The procedure laid down in this Rule for obtaining Certificates etc is also complicated and may be simplified.

13.6.3 Looking to the price of medicines for the medicines for these chronic diseases, the present limit of Rs 60000 may be suitably increased and separate limit for non-earning spouse may kindly be considered sympathetically.

13.6.4. I shall be thankful, if necessary action is taken very early and prompt reply given in terms of para 66 of Manual of Office Procedure at an early date.  
M.V.Ruperalia., T.No. 022-28123691 M. 9821732855

13.7. **Protest Day: Senior Citizens'** organisations through out the length and breath of our country, observed Protest against our Rulers' apathy towards the problems of Senior Citizens on 18-8-2010. Sporting black badges Seniors urged the Government to implement National Policy of Older Persons without any further delay. The protest was held in almost all cities, from Chandigarh to Kolkatta, from Bangalore to Vizag, From Chennai to Trivandrum, Hyderabad, Delhi, Pondicherry, Udaipur, Guntur, Chirala Mumbai and other cities. There was a mass gathering in Hyderabad and Mumbai.

Media gave their full support.

This is only the beginning of seniors' battle for a respectful and dignified life in Society especially for their less fortunate brethren.

### 14. SRI LANKA TOUR BY PROBIANS AND THEIR RELATIVES & FRIENDS FROM 4-9-10 TO 10-9-10

14.1 The idea of touring Sri Lanka was mooted by Probian Arunachalam and was suggested in one of our EC meetings in 2008. It was given life by our PP, Probian K.Venkatachari about 6 months back. It gained momentum and Probian R.T.Namasivayam was entrusted the responsibility in arranging travel agents in June 2010.

14.2. After getting proposals from various travel agents, we zeroed in on Ojasvi tours and travels, which were recommended by PF P.Sridharan as Ojasvi have done some good jobs for Rotary club, Ambattur.

Ojasvi presented their proposals and after discussions it was decided to make a seven day tour. Places of importance such as Sigiria, Dambulla, Kandy, Nuwara Eliya and Colombo were selected by a group of Probians who showed interest initially.

14.3 At that time we felt we would be successful if we could get 20 numbers.

We included relatives and friends so that we would not fall short of 20. After negotiations the tour cost was fixed at Rs.18600 for airfare + hotel stay in 3 star hotels with half-board + air-conditioned bus with English speaking guide. At this point many Probians and their friends showed interest to join the group. We finalized the group size as 40. But due to health problems two got dropped out.

14.4. The break-up of group is as follows:

14.4.1 Probians and their spouses – 22  
Relatives and friends --16

14.4.2. genderwise  
Gentlemen --19  
Ladies ----19

14.4.3. age groupwise  
70 years & above - 20  
60 to 70 years -----15  
Oldest ---- 79 years  
Youngest --- 29 years

14.5. We divided into four subgroups with a leader so that it can be managed efficiently.

14.6. Most of the members assembled at Probian Ranganatha Rao's house on 04-09-10 at 6.30 am and left for airport at 7 am.

14.6.1. Ms. Vassanti and Anjana of Ojasvi received us at the airport and guided us to check in encl- sure after taking a group photo graph. We left our shores at 10.30 am and landed in Bandaranayaka airport Colombo at

11.50 am.

**14.6.2.** Ojasvi appointed Luxe Asia as their associates in Sri Lanka. The guide Mr.Bantule welcomed us at the airport by garlanding each one of us and got us all into an air-conditioned bus. We left for Sigiria around 1 pm.

**14.7.** After halting for lunch for an hour, we reached Sigiria around 5 pm. As the time left for climbing the rock fortress of 5<sup>th</sup> century was not adequate, we left for Dambulla for stay in a resort hotel. We thought of seeing Sigiria fort on 5<sup>th</sup> morning. But we dropped the idea as many felt it would be difficult to climb the fortress which is steep; besides we had to climb a Buddha temple in Dambulla which is 500 metres high.

**14.7.1.** In Dumbulla, except two ladies, all climbed the rock to see the caves which had 150 images of Buddha sculptured around 1st century B.C. onwards for about three different centuries. This is a Unesco world heritage site.

**14.8.** Then we drove down to Matale and visited a spice garden. Some rare Ayurvedic medicines are manufactured here; many of us bought the medicines, even though cost was prohibitive, as many saw value for them. We had lunch at the spice garden.

**14.9.** We left for Kandy and stayed in a four star hotel (Hotel Topaz) which is situated on a hill. The stay in this hotel for two days was memorable one. A Tamil cook gave us delicious dosas. Climate at Kandy was very pleasant.

**14.9.1.** Kandy is another Unesco world heritage site situated at 480 metres above sea level. We visited temple of tooth relic which has the tooth of Buddha brought from India. Other places visited were botanical garden where we saw rare species, and shopping areas where we shopped gems and clothes.

**14.9.2.** In the evening we were entertained with folk dances and fire walk. Everyone enjoyed this. We rested in Kandy and left for Nuwara Eliya on 7<sup>th</sup> morning.

**14.10.** Nuwara Eliya is situated at 2000 meters above sea level. The city was established in 19<sup>th</sup> century by British. The place is similar to Ooty. The famous Ceylon tea is brewed in Nuwara Eliya.

We visited a tea garden on the way to Nuwara Eliya. We witnessed the processes of making various grades of tea. We purchased tea in the garden. We had lunch in the garden. We could interact with various Tamil speaking people who came to Sri Lanka about 100-150 years back as labourers from Tamil Nadu. We reached the hotel in the evening. As the hotel was situated in the centre of the city, we

could do some shopping with our warm clothes on. We had the best dinner of our tour in this hotel.

**14.10.1.** On 8<sup>th</sup> morning, after breakfast, we visited Seetha temple (it is believed that Seetha was kept captive here by Ravana). This is also called Ashok Vana. We saw some foot prints of Hanuman. Some of us did archana also in the temple. On our way back to Kandy we visited a Hanuman temple built by Chinmánya mission of Ceylon (it is believed that Hanuman stepped on this spot when he jumped in Sri Lanka).

**14.10.2.** We reached Colombo at 7 pm, after halting for lunch.

**14.11.** We were taken around Colombo on 9<sup>th</sup>. We did shopping for handicrafts, cosmetic jewellery and clothes. On 10<sup>th</sup> morning we spent some time in the Galle green (a beach). We were taken to Main Street where we did shopping in the shops owned by Tamils.

**14.12.** On the way to airport, Mr.Venkataraman (brother of Probian Ganesan) conducted a game. It was won by Mrs.Seetha Kishore and she got Lanka Rupees 200 gifted by Mr.venkataraman. The guide, Vidhya (daughter of Probian Shakunthala) and Probian Rammohan entertained us with songs and bhajans.

**14.13.** We reached airport at 2.30 pm. After doing some shopping in the duty free shops, we left for Chennai at 7 pm. Very heavy rain received us at the Chennai airport and we all dispersed individually or in small groups.-----  
Probn R T Namasivayam:

**15. Probus philosophy meeting held on 21-8-2010 at 4 PM at MP Anand Matriculation Sr Hr sec School.**

Guest speaker: Shri R S Mani M A (Lit) MA (Yoga). He was a retired govt servant. He was attracted by Vedatri Maharishi's teachings and he became Maharishi's ardent follower.

He is a professor in "World Community Service Centre" founded by the Maharishi. He conducts classes on Maharishi's teachings for the young as well as old.

He spoke on Vedatri Maharishi's teachings. Vedatri Maharishi is a great Mahan, who has seen two centuries in his life time.

Recently, i.e. on 14-8-2010 his centenary was celebrated.

Mr Mani dwelt in detail on the teachings of the Maharishi. His speech was well received.

**16. Probus philosophy meeting held on 18-9-2010 at 4 PM at MP Anand Matriculation Sr Hr sec School.**

**Gist of the talk by Probn K Lakshmi pathi MA B Ed.**

**16.1 திருவேங்கடமும்**

**திருவரங்கமும்**

**16.1.1 பூவுலகில் மனிதர் எளிதில்**

இறைவனருள் பெற ஏதுவானது அரட்சை. உலகில் கோயில்களில் சிற்பமாகவும், சித்திரமாகவும், இடம் பெற்றுள்ள இறைவனை வழிபட்டு இறையருள் பெற நாம் திருதலங்களுக்குச் சென்று வழிபடுகிறோம். பூவுலகில் 108 வைணவ தீவ்ய தேசங்களுள் நாம் காணக் கூடியவை 106 மட்டுமே. திருப்பாற்கடலும், பரமபதமும் நாம் கற்பனையால் வழிபடுபவை. அந்த 106 தீவ்ய தேசங்களுள் முதலாவது - வதாக இருப்பது பூலோகவைகுந்தம் எனப்படும் திருவரங்கம். கடைசியாக இருப்பது கலியுக வைகுந்தம் எனப்படும் திருவேங்கடம். ஆதி அந்தமாக உள்ள இரண்டுமே தாமே தோன்றிய திருக்கோவில்கள். நாலாயிர தீவ்ய பரபந்தங்களில் மதுரகவியைத் தவிர 11 ஆழ்வார்களால் 247 பாசுரங்களுடன் மங்காளா சாசனம் செய்யப்பட்டது திருவரங்கம். மதுரகவி மற்றும் தொண்டரிப்பொடியார் தவிர 10 ஆழ்வார்களால் 203 பாசுரங்க -ளால் மங்காளா சாசனம் பெற்றது திருவேங்கடம்.

**16.1.2 தோன்றிய வரலாறு: திருவேங்கடம்**

**16.1.3.** திரேதா யுகத்தில் சீதைக்கு பதிலாக இலங்கையில் துன்பத்தை அனுபவித்த வேதவதி, இராம இராவண யுத்தத்திற்கு பிறகு அக்னிப் பிரவேசத்தின் போது இராமனை தன் கணவனாக அடைய வரம் வேண்டினாள். இராமன் "இப்பிறப்பில் ஏக தார விரதனாக இருக்கிறேன். பின்னொரு காலத்தில் உன் ஆசையை நிறைவேற்றுகிறேன்" என்று வரம் அளித்தான். அந்த வேதவதி கலியுகத்தில் தொண்டை நாட்டு ஆகாச ராஜனின் மகளாக வளர்ந்து வந்தாள். கலியுகத்தின் தொடக்கத்தில் மும்மூர்த்திகளில் பெருமை யுடையவர யார்? என அறிந்து வர சென்ற பிருகு முனிவர் திருமாலின் திருமாப்பில் உதைக்க, அதனால் கோபமுற்று வைகுண்டத்தை விட்டு பூலோகத்திற்கு வந்து மஹாலக்ஷ்மி கொல்லாபுரம் (கோலாப்பூர்) என்ற ஊரில் வாழ்ந்து வந்தார். திருவேங்கடமலையில் ஸ்ரீனிவாச-

னாக வாழ்ந்து வந்த திருமால் ஆகாசராஜன் மகளான பத்மாவதியை சந்தித்து, அவளது அழகில் மயங்கி தன் தாய் வகுளா தேவியின் மூலம் திருமணம் செய்து கொண்டு திருமலையில் வாழ்ந்து வந்தார். நாரதர் மூலம் இச்செய்தியை கேள்வியுற்ற திருமகள் கோபத்தோடு திருமலைக்குச் சென்று, திருமலையையும், பத்மாவதியையும் சந்தித்தார். திருமகளுக்கும் பத்மாவதிக்கும் பெரும் சண்டை- யுண்டாக, செய்வதறியாது திருமால் சற்று தூரம் சென்று சிலையாக நின்றார். இதைக் கண்ட தேவியர் இருவரும் தத்தம் சண்டையை விட்டு வருந்தி, அழுதனர். உடனே எம்பெருமான் தன் சுயவடிவத்தோடு திருமனை நோக்கி "தேவி! பத்மாவதி உன்னுடைய அவதாரமே அன்றி வேறில்லை. உனக்காக இராவணின் சிறையில் வாடிய வேதவதியே பத்மாவதி. அன்று திரேதா யுகத்தில் நான் அளித்த வரத்தை நிறைவேற்றவே இன்று பத்மாவதியை மணந்தேன்" என்று கூற, திருமகள் மனம் தெளிந்தார். ஆனால் பத்மாவதியோ உண்மையை அறிந்து இவ்வளவு காலம் திருமலை பிரிந்து பூலோகத்தில் தனித்து வாழும் திருமகளை மேலும் துன்பதிற்கு ஆளாக்க விரும்பாமல், திருமலையை விட்டு கீழே இறங்கி வந்து திருச்சானூரில் அமர்ந்து அடியவர்களுக்கு அருள் பாலிக்கலானார். அன்று இறைவன் சிலையாக நின்ற இடமே இன்று நின்ற கோலத்தில் தனித்து விளங்கும் எம்பெருமான் திருத்தலம் திருவேங்கடம்.

16-1-4-செடியாய வல்வினைகள் தீர்க்கும் திருமாலே/  
நெடியானே வேங்கடவா நின் கோயிலின் வாசல்/  
அடியாரும் வானவரும் அரம்பையரும் கிடந்தியங்கும்/  
படியாய் கிடந்து உன் பவளவாய் காண்பேனே என்று குலசேகராழ்வாராலும்,  
16.1.5 குன்றமேந்தி குளிர் மழை காத்தவன் /  
அன்று ஞாலம் அளந்த பிரான் பரன்/  
சென்று சேர் திருவேங்கட மாமலை/  
ஒன்றுமே தொழ நம்வினை ஓயுமே/  
என்று நம்மாழ்வாராலும் பாட பெற்ற தலம் திருவேங்கடமாகும்.

## 16.2.திருவரங்கம்

16.2.1.விந்திய மலை அடிவாரத்தில், கங்கை, யமுனை, சிந்து, கோதாவரி, சரஸ்வதி, காவேரி ஆகிய நதிகள் பெண்கள் வடிவில் விளையாடி மகிழும் போது விஸ்வாச என்ற கந்தர்வன் பொதுவாக வணக்கம் கூறிச் சென்றான். இது யாருக்குரியது என்ற சர்ச்சை அப்பெண்கள் - டையே எழுந்தது. அவன் திரும்பி வந்து உங்களில் யார் உயர்ந்தவரோ அவருக்குரியது என்று கூறிச் சென்றான். கங்கையும், காவிரியும் பிரம்மனிடம் இது பற்றிக் கேட்க, பிரமன் திரிவிக்ரம கோலத் திருமஞ்சன நீரே கங்கை என்றும், சிவனின் தலையில் இடம் பெற்றுள்ளதால் கங்கையே உயர்ந்தவன் என்று கூறினார்.

16.2.2. இதை கேள்வியுற்ற காவிரி கும்ப கோணத்திலிருந்து 20 கிலோமீட்டர் தொலைவிலுள்ள திருச்சேரை என்ற திவ்ய தேசத்தில் ஸ்ரீமன் நாராயணனை வேண்டி தவமிருந்தார். அவருக்கு தரிசனம் தந்த எம்பெருமானிடம் தானே உயர்ந்தவன் என போற்றப்பட வேண்டும் என்று வரம் கேட்டான். உரிய காலத்தில் தான் அந்த பெருமையை உண்டாக்கித் தருவதாக வரமளித்து மறைந்தார் திருமால்.

16.2.3. திரேதாயுகத்தில் ராமன் பட்டாபிஷேகம் முடிந்தவுடன் இக்ஷ்வாகு குலத்தார் வழிவழியாக வணங்கி வந்த எம்பெருமான் விக்ரஹத்தை இராமன் விபீஷணனுக்கு பரிசாக வழங்கி - னான். அதைத் தன் இலங்கைக்கு எடுத்துச்செல்லும் வழியில் காவிரிக் கரையில் சற்று இளைப்பாற நினைத்த விபீஷணன் விக்ரகத்தைக் கீழே வைத்துவிட்டு அயர்ந்து தூங்கி விட்டான். விழித்தவன் சிலையை எடுக்க பலவாறு முயன்றும் முடிய வில்லை. அழுதான், புலம்பினான், மயங்கி விழுந்தான். அவன் கனவில் தோன்றிய எம்பெருமான் 'விபீஷணா! நீ வருந்தாதே, நான் இங்கேயே இருக்க விரும்புகிறேன். ஏற்கனவே நான் காவிரிக்கு வரமும் தந்துள்ளேன். நீ இலங்கைக்குச் சென்று அங்கி - ருந்தபடியே என்னை வணங்கும் வகையில் தென் திசையை நோக்கியே சயனித்துள்ளேன்.

16.2.4.இதை கேள்வியுற்ற காவிரி கும்ப கோணத்திலிருந்து 20 கிலோ மீட்டர் தொலைவிலுள்ள திருச்சேரை

என்ற திவ்ய தேசத்தில் ஸ்ரீமன் நாராயணனை வேண்டி தவமிருந்தார். அவருக்கு தரிசனம் தந்த எம்பெரும னிடம் தானே உயர்ந்தவன் என போற்றப்பட வேண்டும் என்று வரம் கேட்டான். உரிய காலத்தில் தான் அந்த பெருமையை உண்டாக்கித் தருவதாக வரமளித்து மறைந்தார் திருமால்.

16.2.5 திரேதாயுகத்தில் ராமன் பட்டாபிஷேகம் முடிந்தவுடன் இக்ஷ்வாகு குலத்தார் வழிவழியாக வணங்கி வந்த எம்பெருமான் விக்ரஹத்தை இராமன் விபீஷண - னுக்கு பரிசாக வழங்கினான். அதைத் தன் இலங்கைக்கு எடுத்துச் செல்லும் வழியில் காவிரிக் கரையில் சற்று இளைப்பாற நினைத்த விபீஷணன் மிக்கிரகத்தைக் கீழே வைத்துவிட்டு அயர்ந்து தூங்கி விட்டான். விழித்தவன் சிலையை எடுக்க பலவாறு முயன்றும் முடிய வில்லை. அழுதான், புலம்பினான், மயங்கி விழுந்தான். அவன் கனவில் தோன்றிய எம்பெருமான் 'விபீஷணா! நீ வருந்தாதே, நான் இங்கேயே இருக்க விரும்புகிறேன். ஏற்கனவே நான் காவிரிக்கு வரமும் தந்துள்ளேன். நீ இலங்கைக்குச் சென்று அங்கிருந்தபடியே என்னை வணங்கும் வகையில் தென் திசையை நோக்கியே சயனித்துள்ளேன். ஆண்டிற்கு ஒரு முறை நீ இங்கே வந்து வணங்கிச் செல்லலாம் " என்று வரமளித்தார். அன்று கிடந்த கோலமே இன்று திருவரங்கம் திருக்கோவிலாக நிலை பெற்றுள்ளது.

16.2.6. இக்கோவிலைச் சுற்றியுள்ள பகுதி 'திருச் சீரங்கநாதன் பள்ளி ' என்று வழங்கப் பெற்றது. இன்று அது சுருங்கி திருச்சிராப்பள்ளி என்று வழங்கப்படுகிறது.

16.2.7.இந்த சயனக் கோலத்தை, குடதிசை முடியை வைத்துக்/ குணதிசை பாதம் நீட்டி/ வடதிசை பின்பு காட்டி/ தென் திசை இலங்கை நோக்கி.../ என்ற தொண்டரடிப்பொடி ஆழ்வார் பாடல் நன்றாக விளக்குகிறது.

திருமங்கை மன்னனும், ஸ்ரீ ராமானுஜரும், ஆளவந்தார் போன்றோரும், சோழமன்னன் கிள்ளிவளவன், விஜயநகரப் பேரரசன் கிருஷ்ண தேவராயர் போன்றோர், பல திருப்பணிகளை செய்துள்ளனர். முறையான வழிபாட்டுத் திட்டத்தை உருவாக்கித் தந்தவர் ஸ்ரீராமானுஜரே.

16.2.8. ஆதியும் அந்தமுமாக உள்ள இரண்டு திவ்ய தேசப் பெருமாள்களை வணங்கி வழிபடுவோமாக.

16.2.9 எவர் தினமும் காலையில் துயிலெழுந்தவுடன் தூய்மை நிறை மனத்துடன் ஸ்ரீமன் நாராயணின் திருநாமத்தை உச்சரிக்கின்றார்களோ அவர்களுக்கு வாழ்நாளில் துன்பம் என்பதும், தோல்வி என்பதும் இல்லை. உடலாலோ, வாக்கினாலோ, கர்ம இந்திரியங்களாலோ, இயற்கையின் சீற்றத்தாலோ, துன்பத்தில் முழுகி யுள்ளவர்களும், பீதியடைந்த வர்களும், தீராத பிணியினால் பீடிக்கப் பட்டவர்களும் நாராயணா என்ற துதி மொழியைக் கூறி, சர்வ துக்கங்க- ளிலிருந்து விடுபட்டு வாழ்வாங்கு வாழ்வீர்களாக!

### 17. Wallaja Probus Club, Wallajapettai:

17.1. The new office bearers for 2010-2011 took charge on 9-7-2010.

17.2. The Club issued appreciation- certificates and prizes to the students who stood first/second/third in public examinations in 8<sup>th</sup>/10<sup>th</sup>/plus 2 standards .

17.3. In an effort to promote environment , the Club has plans for planting trees in the ensuing year.

17.4. The function concluded after dinner.

#### 17.5. New office bearers:

President: Probn D Gangadharan,

Secretary: Probn V Janardhanan,

Treasurer: Probn R Babu

Vice President: Probn P N Pandurangan

Jt Secretary: Probn K J Mohan

Directors: 1. Probn M Palani 2. Probn N Ashok

Kumar 3. Probn Mrs B Vasantha Balakrishnan

4. Probn V N Abdul Hameed 5. Probn E Vajra

velu 6. Probn M Jagannathan

17.6. Probus Club of Chennai wishes the new office bearers all the success.

(Based on report from Probn V Janardhanan, secretary)

### 18. Probus Fact sheet (Continued from last issue) The initial years under the

President- ship of the Late Mr. C R

Sundaram: (1882-1994)

The first President of Probus Club of

Madras, MR C R Sundaram, who served for

two terms from 1992 to 1994 played no small

role in setting the Club on its feet and making

it one the most active of the Clubs in Chennai.

Here, it will be meet to say a few words about

this dedicated probian, who is no longer with

us. Their third and youngest son of Sir C P

Ramaswami Iyer, the eminent lawyer –

statesman, and visionary administrator, Mr C

R Sundaram was a graduate of the Royal

College of Science London. He first joined the

then British firm of Ralli Brothers as an Executive but resigned it soon after, in response to Mahatma Gandhi's launching of the Quit India movement. Thereafter he joined Voltas, a Tata Group Company, and later moved to the USA, as vice President of Tata inc., New York. While in New York from 1949 to 1954, he was also junior chamber of commerce, USA. Later, he served as the Chairman of the National Small Industries Corporation Ltd, New Delhi, a Public Sector Undertaking. He was a lover of Cricket, and had keen interest in English literature and contributed many a poem and literary piece to the Publications of the Probus Club of Madras. He was a fine human being, soft-spoken, gentle and affectionate. He was ably assisted in his endeavors by his wife Dr (Mrs) Kamakshi Sundaram, a pioneering physician in her time, an Expert in Population dynamics, a long standing of the Inner Wheel Club and above all, a deeply and passionately committed Probn who was one of the founding members of the Probus Club of Madras. (To be continued)

### 19. Difference between will and settlement: (Continued from last issue)

Let us see more about the will:

#### 19.1 WHAT IS WILL

WILL is a legal declaration of the intention of the Testator (Writer of Will) with respect to his own property (NOT ANCESTRAL) which he desires to be carried into effect after one's death. It is revocable by Testator at any time during his lifetime.

However, a registered WILL can be revoked by subsequent registered WILL only. A person writing WILL does a great service to his family and loved ones. There is no stamp duty for immovable property transferred through WILL. It is the prerogative of the person having property to distribute and disinherit anyone from his assets in the manner he considers appropriate and just. There is definite advantage at preparing WILL in comparison with not preparing a WILL.

19.1.2. When head of family is alive, one always says that my children are very good, obedient etc. and would never fight for property. In today's materialistic world, all such values have disappeared. Everyone is for own family and interest and don't underestimate the power of spouse of your son and daughter who often make brothers and sisters to fight for paternal property in courts. Hence, decide now the division of your

property by writing and registering same before area Registrar.

### 19.1.3. I AM TOO YOUNG TO BOTHER FOR WILL.

There is nothing you can guarantee yourself a ripe old age. Accidents happen and illness, terrorist attack and earth quake have been known to turn fatal. Age is not key factor. If you have spouse and children, you must write WILL. Don't just bless children. Leave them WILL and save them from harassment at Banks/ Insurance and greedy relatives.

(To be continued)

(Based on an article of Mr A Ahuja, noted legal consultant)

### 20. Humour:

20.1. Once Mr X was coming out of the Airport. As there was a Huge rush, the security guard told Mr X "WAIT PLEASE", for which Mr X replied "85 Kgs" and moved on...

20.2. At a bar in New York, the man to Mr X's left tells the bartender, "JOHNNIE WALKER, SINGLE." And the man's companions says, "JACK DANIELS, SINGLE." The bartender approaches Mr X and asks, "AND U sir?" Mr X replies: "MR X, MARRIED."

Forwarded email from Probn N Rammohan with some changes.

Fwd email from Probn Sampath Srinivasan

### 21. WHAT is it that's hard to break???

Diamonds are hard to find but not hard to Break.

What is the hardest thing to break then?

The answer is: HABIT!

If you break the H, you still have A BIT.

If you break the A, you still have BIT.

If you break the B, you still have IT!

Hey, after you break the T in IT, there is still the 'I'.

And that (I) is the root cause of all the problems.

Now you know why HABIT is so hard to break....

Email from Probn R B Kishore

### 22. Probn donate to Sevalaya:

Donors: Probn K Venkatachari PP

And Probn Thangaraj

Non members: Mr G S Venkatesah

And Mrs Andal Sundaram

Articles donated: 1. Cheque for Rs300/

2. Unused medicines, 3. Clothes and dresses

Date of donation: 1-9-2010,

Thank you donors.

Central Govt increases Dearness allowance wef 1-7-2010 :

23 Consequent on Cabinet's approval for enhancement Dearness Allowance from the existing rate of 35% to 45%, Ministry of Finance has issued Office Memorandum dated 22-09-2010, for the implementation of the same.

Tamil Nadu state Govt have also sanctioned similar increase.

**24. Dates to remember:**

23.1. 4-10-2010: 3.30 PM Celebration of International Day of the Elderly Celebrated jointly with Russian Centre of Science and Culture Chennai

24.1.2. Venue: Auditorium Russian Centre of Science and Culture ,74, Kasturi Ranga Road, Chennai-18

24.1.3. Chief Guest: Dr T R Dinakaran, BE, Chairman, Sri Ramalinga Mills Ltd

24.1.4. Mr Vladimir Mariy, Director, Russian Centre of Science and Culture will deliver special Address.

24.1.5. Probus Award of Excellence to be presented to Dr C V Ramaswami B Sc MBBS, 80 years young. Selfless Serving Doctor, an enthusiastic social Activist Who believes in the concept "Service to Poor is service to God"

**24.1.6. Publication Release:**

Smt Vasuki, IAS, Director, Social Welfare Dept, Govt of TN, will release "Probus Path for Seniors"

First copy will be received by Rtn S Gunasekar, President, Rotary Club of Madras

24.1.7. Presenting Platinum Jubilee mementos to Probians who are 75 years or more young and Golden Jubilee Mementos to Probus Couple who have completed 50 years of married life:

Rtn G Olivannan, Dist Governor, RI Dist 3230 will present the mementos.

24.1.8. Compere: Sri Nellai Jayanta (Journalist, Poet and social activist)

For further details please contact Probus Fellow R Subbaraj Secretary, 9444455872

24.2. 9-10-2010, EC meeting : 10 am at Conference Hall, 4<sup>th</sup> floor, AASI Building.

For further details please contact Probus Fellow R Subbaraj Secretary, 9444455872

24.3 . 16-10-10 Probus Philosophy mtg: 4 PM, at MP Anand Sr Sec Mat School. 10, First link Road, CIT Colony, Chennai-4

Guest speaker:: Shri R S Mani, Topic: Life and teachings of Vadadri Maharishi.

For further details pls contact Probn V L Iyer Ph: 24992329

**24.Quotes:**

24.1.Be careful about reading health books. You may die of a misprint.

- Mark Twain

24.2. Maybe it's true that life begins at fifty .. But everything else starts to wear out, fall out, or spread out.- Phyllis Diller

Email from Probn N R Sampath

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