



## **PROBUS CLUB OF HYDERABAD**

**President : G. Ramakrishna ; Vice President: Nanda Mukherjee ; Secretary : Dr. P.V. Lakshmipathy  
Jt. Secretary : P. Jayaprada ; Treasurer: R. Vijaya Lakshmi  
Members : T. Sudhakar; M.V.R.Mohan; Dr. R.H.G.Rau  
Immediate Past President: Nooshie Ahsan; Immediate Past Secretary : Visweswari Ramakrishna  
Editor: Dr. R.H.G.Rau**

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### ***Fellow Probians,***

June 2018 has been a hot and yet an eventful month for all of us. This News Letter provides glimpses of these events, particularly for those Probians who could not be physically present at all events.

### **1. MC MEETING**

The 2<sup>nd</sup> Managing Committee meeting was held on Monday June 18, 2018 at Pr. Jayaprada's new flat in Banjara Hills and deliberated on various topics; such as, current financial position of PCH, expenses at RMM's, invitation to external speakers, honouring our oldest member, and planning for this year's Foundation Day meet in Sept 2018. After an extensive deliberation for around 3 hours from 3 pm, the MC members and their spouses had only choicest words of appreciation to Pr. Jayaprada and her family members for making the event so comfortable and memorable.

### **2. REGULAR MONTHLY MEETING**

The Club's RMM of the 24<sup>th</sup> June 2018 at Hotel Green Park was perhaps the best attended meet in the recent times with 27 members and four guests. Before the meet we had the regular fellowship for informal discussions. With the President Pr. G.Ramakrishna in chair supported by Secretary Pr. Dr. P.V. Lakshmipathy, we had the formal meet in the presence of two invited guests Shri R.K.Bajaj and Shri D. Visweswar Rao, and two eminent guest speakers. The key deliberations are captured in a capsule and presented in this News letter.



## ***Food for Thought:***

Pr. Nooshie Ahsan read a poetic thought on “I Am Changing” to the participants’ delight.



Pr. Dr. R.H.G.Rau made a reference to the March 2007 News Letter of our club, edited by then President Pr. T.V.Balan (about 11 years back) supported by Pr. Nanada Mukherjee as Secretary, and shared a few interesting facts:

- By 2007, PCH had a membership of 29 gents and 25 ladies, against the then ceiling of 35 members
- PCH had monthly meetings at Hotel ITC Kakatiya till Dec. 2005, Taj Banjara in 2006, and moved on to Hotel Golkonda in 2007. The primary reason for the move was to be within the budgets.
- During the year 2006-07, the Club had 12 RMM’s, 8 MC meetings, 13 Fellowships and 3 Visits to surrounding places; a total of 36 events.
- Some food for thought to our current and future teams!!!

Pr. R.N.Mital conveyed that the CSR Committee of All India Senior Citizens’ Confederation (AISCCON) is organizing a National Conference in Hyderabad sometime during the 2<sup>nd</sup> half of Nov 2018. In the coming months, he will be unfolding the developments as they emerge. They should be on interest to all Probians.

## ***Felicitations & Caring:***

Pr. P.Jayaprada felicitated the following:

### **HAPPY BIRTHDAY TO PROBIANS :**

V.C.Janardan Rao: June 26<sup>th</sup>.

### **WEDDING ANNIVERSARY OF PROBIANS :**

Kamal Sukhija & Ronie: June 12<sup>th</sup>, M.V.R.Mohan & Janaki: June 19<sup>th</sup>.

## **3. GUEST SPEAKER SESSION**

Pr. Kusum Lakshmi pathy introduced Ms. Uma Deen Dayal and Ms. Shalini Deen Dayal who presented beautifully the Power Point slides depicting “History through the lens of Raja Deen Dayal”.

Ms. Uma Deen Dayal belongs to the 5<sup>th</sup> generation of Raja Deen Dayal family. Active in Business, she has been handling Foto Crafts for over 15 years. Her daughter Shalini received accolades in her own right having excelled in many fields. As a lawyer, she specialized in Company Laws. She is also an expert writer of wills.

The key points emerged from their presentation are: Raja Lala Deen Dayal is a global celebrity of the 19<sup>th</sup> century, was an eminent Indian Photographer, has an unique repertoire of excellence of Black/White photography. He had mastery over early photographic techniques, processes and equipment. He brought out life-like images, and made an indelible impact on the history of art and painting.

The slide-exhibition of his photographs was a treat. Among them were, early Secunderabad streets like James Street, Bella Vista, Golconda, Mecca Masjid of 1880's, Moula Ali Durgah, Public Gardens and One-Tree Hill; portrait photos commissioned by Nizam, shikar photos, people and festivals, a colonel having breakfast with his favourite horse, family groups and, the first batch of bicycles in Hyderabad. His photography also extended to Mumbai, Delhi, Aurangabad, Calcutta, Udaipur, Mount Abu to name a few. His photographs are preserved and exhibited all over the world.

Pr. Kumar T. proposed Vote of Thanks and Pr. P.V. Lakshmi pathy presented mementos to the guest speakers.



## 4. FOR YOUR LEISURE TIME

### TIA – An Elderly Concern:

Last month News Letter detailed a few preventive health suggestions to the elderly. I would like to supplement them with TIA: Transient Ischemic Attack. It refers to momentary inadequacy of blood supply to the brain, resulting in the brain shutting down all functions except for the survival minima like heart beat and circulation. When under a TIA, even reflexes don't get activated and the person drops like a sack of sand, and consequently can get bad injuries, including unusual fractures and head injuries.

As we age, our arteries including the cerebral arteries get narrowed, thus reducing blood flow, unless a higher BP is applied. You might have noticed that when watering plants, the garden hose can some times get bent, whereby the water flow reduces or ceases altogether. Similarly, if we significantly bend down our head, like when coming down the stairs, particularly wearing bifocals, or when walking on uneven path looking down, the neck arteries supplying blood to the brain will get bent thus further narrowing the already narrow old age arteries. That can lead to TIA, brain shutdown and big injury. Usually, recovery of the senses is quite swift after a TIA. However, a TIA often gets mistaken for simply slipping and falling.

Holding on to the handrail while walking down the stairs can be useful. Also walking with caution but without bending down the head too much on uneven ground or over mats can reduce the risk.

.... *Contribution from Pr. T.Kumar*

### Malapropism

Malapropism is the act of using an incorrect word in place of one that is similar in pronunciation. The word comes from a character named Mrs. Malaprop in the play "The Rivals" by Richard Brinsley Sheridan. Malapropism is also referred to as Dogberryism, named after Officer Dogberry in Shakespeare's "Much Ado About Nothing." Both these characters made speech errors.

George W. Bush is particularly famous for his malapropisms, and not without good reason. Malapropisms (and other similar verbal slips) are often known by the name Bushisms in the USA. Here's a selection of George W. Bushisms:

- "Oftentimes, we live in a processed world, you know, people focus on the process and not results."

- "The law I sign today directs new funds... to the task of collecting vital intelligence... on weapons of mass production."
- "It will take time to restore chaos and order."
- "They have miscalculated me as a leader."
- "Natural gas is hemispheric... because it is a product that we can find in our neighborhoods."
- "I am mindful not only of preserving executive powers for myself, but for predecessors as well."
- "We need an energy bill that encourages consumption."
- "We are making steadfast progress."

..... *Contribution by: Pr. Nooshie Ahsan*

## Friendship

Horror gripped the heart of a World War-I soldier, as he saw his lifelong friend fall in battle.

The soldier asked his Lieutenant if he could go out to bring his fallen comrade. "You can go," said the Lieutenant, "but don't think it will be worth it. Your friend is probably dead and you may throw your life away".

The Lieutenant's words didn't matter, and the soldier went anyway. Miraculously, he managed to reach his friend, hoisted him onto his shoulder and brought him back to their company's trench.

The officer checked the wounded soldier, and then looked kindly at his friend. "I told you it wouldn't be worth it," he said. "Your friend is dead and you are mortally wounded." "It was worth it, Sir," said the soldier. "What do you mean by worth it?" responded the Lieutenant, "your friend is dead."

"Yes Sir," the soldier answered, "but it was worth it because when I got to him, he was still alive and I had the satisfaction of hearing him say.... "Jim... I knew you'd come."

Many times in life, whether a thing is worth doing or not really depends on how you look at it. Take up all your courage and do something your heart tells you to do so that you may not regret not doing it later in your life.

*"The spirit of friendship lives in us; let us not allow it to die."*

..... *Source: PCH News Letter of March 25, 2007*

## Tips on Your Health

**Q: Should I reduce my alcohol intake?**

A: No, not at all. Wine is made from fruit. Brandy is distilled wine. That means they take the water out of the fruity bit so you get even more of the goodness that way. Beer is also made out of grain. Bottoms up!

**Q: Is getting in-shape important for my lifestyle?**

A: Hey! 'Round' is a shape!

**Q: Who is a winner?**

A: A winner is not one who never fails, but the one who never quits.

## Brain Teasers

**Problem of weight:**

How could a boat which could carry a maximum load of 70 kg help a man of 70 kg and his two sons of 35 kg each safely cross the river?

**Water:**

How is HIJKLMNO the chemical formula of water?

**Logical Sequencing:**

What are the next terms in the sequence, and why?

17,15,26,22,35,29,-----.

**Quote for the Month**

"My candle burns at both ends, it will not last. But Ah my foes, Oh my friends, it gives me a lovely light"

--- *Faiz Ahmed Faiz*

**EDITORIAL****Dear Friends,**

Last month's NL mentioned 4<sup>th</sup> May 2018 as Senior Citizens' Day. Pr. C.K. Murty brought to my notice that it should be 21st August. I stand corrected. Secondly, the May issue did not have Brain Teasers Column and thankfully I was pulled up by several of our friends. I stand corrected here too.

With Best Regards,  
Your Editor,

Dr. R.H.G.Rau